



HEART OF THE ROCKIES  
REGIONAL MEDICAL CENTER

## 2022 | HRRMC Medical Services and Medical Staff Directory





## Mission

HRRMC exists to enhance the health of our community through the delivery of personalized and exceptional care.

## Vision

The vision of HRRMC is to be the healthcare provider of choice for our region as a world-class rural healthcare organization.

## Serving the Upper Arkansas Valley since 1885

Heart of the Rockies Regional Medical Center is a Critical Access Hospital in Salida, Colorado. Established in 1885 as a railroad hospital for Denver & Rio Grande employees, HRRMC is now part of a public hospital district encompassing Chaffee, western Fremont and northern Saguache counties.

In 2008, HRRMC moved into a new state-of-the-art hospital. Since then, the hospital has continued to grow, with three outlying clinics and many new services and specialists. In 2019, we opened a three-story Outpatient Pavilion adjoining the hospital, which houses more than 15 specialized services, a full-service outpatient rehabilitation department and wellness services for the community. All of these changes are helping HRRMC fulfill its vision of being a world-class rural healthcare organization.

In 2020, HRRMC constructed a 10,000-square-foot expansion to the Buena Vista Health Center, creating additional space for rehab, imaging and laboratory services.



BVHC's new facility houses expanded services in cardiac rehabilitation, rehabilitation, imaging, and lab, as well as Solvista Health's Behavioral Health Center.



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*HRRMC has made every effort to provide accurate and complete information at press time, but information may change over time. Please refer to the HRRMC website, [hrrmc.com](http://hrrmc.com), or call (719) 530-2217 for the most current information.*



## CEO's Message

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The past year and a half put healthcare organizations at the forefront of unlikely circumstances and international headlines. While the world went to battle with a virus never seen before, we at Heart of the Rockies Regional Medical Center did everything in our power to protect our patients, staff and communities, and simultaneously continue offering and expanding our services.

HRRMC aimed high to provide stability for our staff—our most valuable assets—and the areas we serve during these uncertain times. In March 2020, HRRMC leadership immediately decided not to furlough any employees. Staff with reduced hours were temporarily deployed to other departments providing care and support services. Additionally, HRRMC found innovative ways to continue patient care through telemedicine, source highly in-demand PPE, and support staff through specialized education, HR and communication programs. HRRMC administered more than 6,000 COVID-19 vaccines in early 2021, and continue doing so through our clinics and retail pharmacy. I am proud of our staff's ability to adapt in a time where healthcare facilities struggled to stay afloat.



With expansion in mind, HRRMC created consistent healthcare resources for residents of Saguache County in the fall of 2019 via the Saguache Health Center (SHC). Our providers offer primary care, obstetrics and rehabilitation services each week, and pain management services several times per month. Our retail pharmacy in Salida provides prescription and medication delivery services weekdays to the clinic and county residents.

HRRMC also expanded services to residents in Custer County in October 2020, managing and establishing Custer County Health Center (CCHC) in Westcliffe. HRRMC recruited a family physician to join two mid-level providers, and amplified physical and occupational therapy. HRRMC also established a weekly orthopedics walk-in clinic, and audiology, gynecology and cardiology services up to two days per month. CCHC also offers a free, handicap-accessible weekly patient transport from CCHC to and from our Salida hospital for specialized services. Additionally, the HRRMC retail pharmacy services CCHC daily for all residents of Custer County.

HRRMC completed a 10,000-square-foot expansion of the Buena Vista Health Center (BVHC) in January 2021. In addition to space for primary care and our walk-in clinic, the expansion provides patients access to cardiac rehabilitation; expanded imaging services; and moderate-complexity laboratory services. Solvista Health also offers behavioral health services. Finally, we constructed a decontamination room to better address patient isolation needs, with a generator to support providing care during any type of power outage.

Also in January, HRRMC established a neurosurgical program to complement our comprehensive orthopedics and rehabilitation program. This center for orthopedics, spine, pain management and rehabilitation led by fellowship-trained physicians accepts all payor sources and provides patients the most convenient and modern program of its kind in our region.

The future of HRRMC is looking bright as healthcare partners join our main medical campus. REACH Air medical transport services and Rocky Mountain Eye Center both host onsite offices, and Solvista Health broke ground on their Regional Assessment Center (RAC) in May 2021. This state-of-the-art facility will provide acute treatment, 24/7 crisis stabilization and detox services; and respite care for individuals struggling with severe mental health and substance use issues.

All of these strategies further our mission of enhancing the health of community members in our service areas through the delivery of personalized and exceptional care.

In good health,

Bob Morasko, MBA, FACHE  
Chief Executive Officer



## Buena Vista Health Center Expansion

Heart of the Rockies Regional Medical Center (HRRMC) continually strives to evolve and expand our services to meet the growing medical needs in the communities we serve.

The HRRMC Buena Vista Health Center (BVHC) — a full-service rural health clinic dedicated to providing exceptional and personalized care to the residents of northern Chaffee County — has seen exciting changes over the past two years, with more to come.

In 2020, a 10,000 sq. ft. expansion project was developed from the ground up at the BVHC site. Phase I of the project was completed in early 2021. The welcoming new building expansion provides patients access to an array of new and improved care options, including: cardiac rehabilitation; expanded rehabilitation services; and expanded radiology services including X-ray, ultrasound and echo-cardiology. Solvista Health's Buena Vista Behavioral Health Center is also located on site.

Phase II of the expansion project will include a renovation of BVHC's regular and walk-in clinics, with the ability to expand cardiology, pain, orthopedics and gynecology physician services. The addition will also provide space for a decontamination room to better address patients requiring isolation, and a generator to provide care during a disaster involving a power outage.

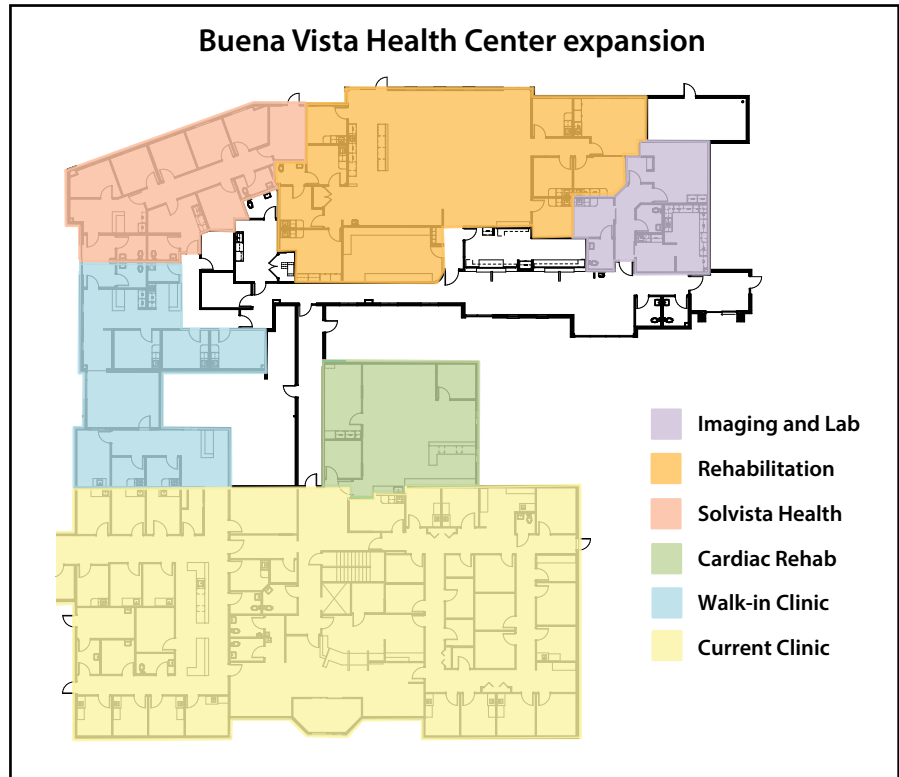
The increased space, new equipment and enhanced service lines all translate into an improved experience not just for patients, but also for our providers treating patients.

Our knowledgeable team of primary care providers at BHVC treat everything from high blood pressure and diabetes, to common colds and long-term conditions. Patients can take advantage of gynecology and obstetrics services, integrative medicine, direct access testing and more. The Health Center is open Monday through Friday, 8 a.m. to 5 p.m.

In addition to its appointment-based practice, BVHC offers a daily walk-in clinic for treatment of minor medical issues, such as urinary tract infections and upper respiratory infections. Patients are generally seen on a first-come, first-served basis, but may be prioritized according to urgent medical needs. The Health Center also offers a weekly Orthopedics walk-in clinic, where Dr. Ramon Perez sees patients with minor orthopedic problems on a first-come, first-served basis. The walk-in clinics are a convenient option for locals and visitors to the area for non-emergent needs, and without the need for an appointment with a primary care physician.

With its experienced and compassionate family medicine physicians, specialty providers, nurses and staff, and a revitalized facility open seven days per week, the Buena Vista Health Center is proud to serve as the premier primary care facility in northern Chaffee County.

BVHC is located at 28374 CR 317 in Buena Vista, CO. For more information, call (719) 395-9048 or visit [hrrmc.com](http://hrrmc.com).





## The Salida Hospital District Board

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Heart of the Rockies Regional Medical Center is a nonprofit, Special District hospital that is guided by a publicly elected board of directors. Through their efforts, we are able to expand the quality of our health-care services and grow as a prominent rural medical center.



Directors serve four-year terms and are term-limited after two consecutive terms. Feel free to reach out to them at [boardmembers@hrrmc.net](mailto:boardmembers@hrrmc.net) regarding pertinent questions about HRRMC initiatives and our strategic plan.

**Debbie Farrell, Chairman**

**Jeff Post, Vice Chairman**

**Dean Edwards, Secretary-Treasurer**

**Tom Eve**

**Harry Payton, D.O.**



### Nationally Recognized Top 100 Critical Access Hospital

Heart of the Rockies Regional Medical Center is committed to providing safe and high quality healthcare by incorporating patient safety and quality into everything we do. HRRMC was named a Top 100 Critical Access Hospital in the U.S. in 2019 by The National Rural Health Association's Rural Health Policy Institute, iVantage Health Analytics and The Chartis Center for Rural Health.

The hospitals that are named to this list are top performers in managing risk, achieving higher quality, securing better outcomes, increasing patient satisfaction and operating at a lower cost than their peers. HRRMC was one of only two Critical Access Hospitals in Colorado named to the list.

### Joint Commission Accreditation

Heart of the Rockies Regional Medical Center is an officially accredited Critical Access Hospital by The Joint Commission.



The Joint Commission is the nation's oldest and largest standards-setting and accrediting body in health care. We are committed to providing exceptional health care and this accreditation furthers our mission and vision.

The Joint Commission National Patient Safety Goals we are following include:

- Identifying patients correctly
- Improving communication among caregivers
- Using medications safely
- Using clinical alarms safely
- Preventing infections
- Universal protocol for using "time-outs" prior to invasive procedures.

### Quality Initiatives

#### Judicious Use of Antibiotics

HRRMC is one of 26 hospitals in Colorado participating in the CHA Antibiotic Stewardship Collaborative. This two-year effort is focused on increasing the appropriate treatment for urinary-tract infections and skin and soft-tissue infections by correctly prescribing antibiotics. The Collaborative is part of a growing movement to address the issue of antibiotic and antimicrobial stewardship, including efforts by the Centers for Disease Control and Prevention (CDC).

#### Hospital Transformation Program (HTP)

The Hospital Transformation Program (HTP), a value-based care initiative in Colorado, will tie Medicaid supplemental payments to hospitals' ability to hit performance targets intended to improve hospital services over a five year period, beginning in 2022. Hospitals are required to address statewide measures from a list of approved Focus Areas.

Small hospitals (<26 beds), such as HRRMC, will be accountable for six measures (statewide or local), which will be used to measure performance improvement outcomes. HRRMC has reviewed community statistical information and committed to working with our community healthcare partners in goals related to screening for behavioral health, pre- and post-partum anxiety and depression, communication from the hospital stay to the primary care provider, discharge planning, expansion of telehealth, and social needs screenings as the six approved measures. Community engagement meetings will be scheduled periodically throughout the year to encourage the community's involvement in this performance improvement program.

#### Preventing Falls

As a result of the work of an interdisciplinary team, HRRMC achieved no inpatient falls with injury for all of 2018. A multi-disciplinary, collaborative approach for communication, and focus on falls prevention and patient safety is responsible for this success. The use of alerts, communication tools, and safe hand-off with focus on mobility limitations are the strategies implemented.

#### Treatment of Sepsis

Sepsis is a potentially life-threatening condition caused by the body's response to an infection. The standard of care for a patient with signs of sepsis is to complete the three- and six-hour bundles, specific clinical protocols to achieve therapeutic goals within a three- and six-hour time frame.

#### Treatment of Heart Attacks

The standard of care is to perform an EKG within 10 minutes of arrival to the ED for any patient with the complaint of chest pain. If the patient is currently having a heart attack, the goal is to transfer the patient directly to a cath lab within 120 minutes or to give the clot-busting medication within 30 minutes of arrival to the ER if the patient does not have any contraindications to the medication.



## Departments and Services

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### ● Allergy and Immunology

HRRMC's Allergy Clinic specializes in evaluating and treating allergies, asthma and immune disorders in children and adults. More information about HRRMC's allergists, Dr. Shikha Gupta and Dr. Diane Napoli, is included in the Medical Staff Directory which begins on page 21.



### ● Anesthesia Services

Information about private-practice providers on HRRMC's medical staff is included in the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● Audiology

Audiologist Robert Furby, M.S., FAAA, offers hearing tests and evaluations as well as sales and servicing of hearing devices in the audiology office located in the ENT practice.

### ● Cardiology

Led by Dr. Kenneth Wool, HRRMC's team of board-certified, fellowship-trained cardiologists provides cardiac care at our Salida, Buena Vista and Westcliffe clinics. They also provide stress tests and procedures at the hospital. For more information about HRRMC's cardiologists at HRRMC, refer to the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● Cardiopulmonary Therapies

Our respiratory therapists offer a full range of services, including:

- Aerosol drug administration
- Breathing retraining
- Cardiac and pulmonary testing
- Echocardiograms
- EKGs and EEGs
- EMGs and nerve conduction studies
- PADnet testing (Peripheral Arterial Disease testing)
- Preparatory class for sleep studies
- Smoking cessation classes
- Stress tests

### ● Case Management

See Medical/Surgical Care on page 13.

### ● Center for Breast Health

We believe a woman's choice to live in our region should not limit her ability to receive state-of-the-art breast care and treatment.

HRRMC is committed to offering cervical cancer screenings as well as state-of-the-art breast cancer diagnostic tools, including 2D and 3D mammography, to ensure early detection. Plus, our experienced healthcare team provides exceptional and compassionate treatment to breast patients throughout our region. For more information, call (719) 530-2302.

### ● Chemotherapy and Infusion Services

HRRMC's Infusion Department administers chemotherapy, blood transfusions, intravenous medications, therapeutic phlebotomy and injections in a comfortable atmosphere.

The registered nurses who work in this area have specialized clinical skills and training. Their goal is to work as a team member with patients, families and physicians to provide the highest level of care for patients close to home.

Also see listing for Oncology/Hematology.

### ● Dermatology

Information about private-practice physicians on HRRMC's medical staff is included in the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● Dialysis

Heart of the Rockies Regional Dialysis Center provides both acute and outpatient dialysis services in the hospital and both peritoneal and staff assist hemodialysis in the home. The Dialysis Center is owned by the medical center but managed by Sanderling Renal Services. Sanderling specializes in bringing high quality dialysis and nephrology (kidney) services to rural communities.

David Kanar, M.D., an internist and nephrologist on the hospital's medical staff, serves as medical director of the Dialysis Unit. Additional nephrology coverage is provided by Pikes Peak Nephrology Associates. For more information about the Dialysis Center, call (855) 789-7365.



## Departments and Services

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### ● Dietary Department

HRRMC's Dietary Department provides Medical Nutrition Therapy services for inpatients and outpatients. They work with patients facing cancer, cardiopulmonary disease, diabetes, and weight management, as well as patients and community members looking for a healthier lifestyle.

A registered dietitian/nutritionist directs the hospital's referral-based Outpatient Nutrition Program, which focuses on improving patients' nutritional status. For more information, call (719) 530-2200 ext. 2592.

The hospital café is open for meals seven days a week. Coffee, tea and hot chocolate are complimentary.

### ● Ear, Nose and Throat

HRRMC's board-certified otolaryngologist, Michele Streeter, M.D., specializes in the medical and surgical treatment of the ear, nose and throat. More information about Dr. Streeter is included in the Medical Staff Directory which begins on page 21. Providers are listed by specialty.

### ● Education and Community Outreach

Education and community outreach are part of our mission. We offer classes in childbirth, breastfeeding, diabetes education, smoking cessation, fall prevention, sleep education, yoga, tai chi, and healthy cooking. We also offer a community wellness program (see listing for Wellness U). Classes are listed under the Events button on [hrrmc.com](http://hrrmc.com).

HRRMC also sponsors community wellness events including Women's Health Day, the HRRMC Pregnancy and Baby Fair, a Teddy Bear Tour of our Surgical Department for kids, open houses and "lunch and learns."

To help keep our student athletes safe, HRRMC underwrites the services of certified athletic trainers for the sports teams at area high schools. We also sponsor many local organizations and events—from the Boys & Girls Clubs and Alliance Against Domestic Abuse to the Embracing Aging Fair and FIBArk.

### ● Emergency Department

HRRMC is a Level IV Trauma Center fully staffed 24 hours a day by an in-house physician and nurses trained in emergency medicine. Our highly skilled staff is prepared to respond to all types of trauma and medical emergencies.

REACH Air Medical Services provides emergency air transport to hospitals on the Front Range via a medically equipped helicopter based on the hospital campus. Ground transport is provided by Chaffee County EMS.

### ● Endocrinology/Lipidology

Dr. Ross Tanner leads HRRMC's endocrinology clinic, specializing in treatment of diseases related to hormonal imbalances and issues, such as diabetes, thyroid dysfunction and adrenal disorders.

In addition to endocrinology, Dr. Tanner is a board-certified Lipidologist, focused on the treatment of cholesterol.

### ● Environmental Services

The Environmental Services Department is on the front line of infection prevention at the hospital. HRRMC was one of the first hospitals in the nation to make it mandatory for the EVS staff to be certified as Healthcare Environmental Services Technicians.

### ● Family Birthing Center

HRRMC's Family Birthing Center is committed to making the birth of your child a special experience and helping your baby get a healthy start.

Our private birthing rooms are family-friendly and allow mothers to labor, deliver and recover all in the same room (except for C-section patients).

We are happy to work with birth plans. And when things don't go according to plan, our team of medical professionals is here to support mothers through every step of childbirth.

Our physicians perform C-sections when needed, but HRRMC's overall C-section rate is below the national average. Anesthesia services are available for epidurals and pain management.

While the majority of babies "room in," if a baby has any difficulties, our well-equipped nursery allows us to carefully monitor newborns.

**HRRMC's Family Birthing Center is one of the few maternity centers in the nation that offers physical therapy services to all of our mothers postpartum.** Our women's health physical therapists are specially trained to help women prepare for labor and recover afterwards.

HRRMC's certified lactation specialists provide breastfeeding support, and our Family Birthing Center serves as a Mothers' Milk Bank Donation and Outreach Center. We also offer childbirth and breastfeeding classes at the hospital throughout the year.



## Departments and Services

### *Family Birthing Center continued*

For the security of our mothers and newborns, the FBC is a restricted-access area with enhanced infant security. Please use the phone at the main door to the Family Birthing Center to gain entrance.

Family quiet time is encouraged for our moms and babies between 2 and 4 p.m. Visiting after the baby is born is limited—other than by the primary support person(s)—between 10 p.m. and 8 a.m.

Local physicians who offer obstetric services are listed under the Family Medicine specialty in the Medical Staff Directory that begins on page 21.

### ● Family Medicine

Family medicine is provided by HRRMC Buena Vista Health Center, HRRMC Salida Health Center, HRRMC Saguache Health Center, HRRMC Custer County Health Center, and private-practice physicians in our hospital district. Local family providers offer primary care across the life span, from obstetrics to gerontology. More information about family medicine providers is included in the Medical Staff Directory that begins on page 21.

### ● Foot and Ankle Surgery/Podiatry

Information about private-practice physicians is included in the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● Gastroenterology

HRRMC contracts with a group of gastroenterologists to provide services in the hospital's Specialty Clinic. Their credentials are listed in the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● General Surgery/Trauma Surgery

HRRMC has hospital-employed general/trauma surgeons and board-certified physicians who provide gastrointestinal endoscopy procedures. More information about these providers is included in the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● Gynecology

From reproductive care to overactive bladder treatment, HRRMC's gynecologist, Tiffany Rhodes, M.D., provides personalized wellness care to women of all ages. She sees patients at the Outpatient Pavilion on the hospital campus in Salida and the HRRMC Buena Vista Health Center. More information about Dr. Rhodes is included in the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

She sees patients at the Outpatient Pavilion on the hospital campus in Salida, at HRRMC Buena Vista Health Center, and at HRRMC Custer County Health Center.



Dr. Tiffany Rhodes (center) provides personalized wellness care to women of all ages.



### ● Home Health and Hospice

*A partnership between Heart of the Rockies Regional Medical Center and Encompass Health – Home Health & Hospice*

**301 Oak Street, Unit E, Salida, CO 81201 (719) 539-7638**

#### Home Health

When you have been released from the hospital but still require nursing care or rehabilitation, our professional staff of nurses and therapists will help you complete your recovery. Heart of the Rockies Home Health and Hospice is the only home health agency affiliated with HRRMC. We can help you with dressing changes, IVs, injections, catheters and medication.

We can also coordinate your rehabilitation at home with physical, occupational or speech therapists. If you require medical equipment, we can coordinate those needs as well. And we provide you and your family with education about your condition and your treatment.

#### Hospice

Heart of the Rockies Home Health and Hospice provides compassionate end-of-life care in the Upper Arkansas Valley.

Our specialized team of hospice professionals works with the patient, family and attending physician to develop a plan of care that will best meet the patient's individual needs. Services include palliative care, pain and symptom management, psychological support, medical social work, and spiritual/pastoral support.

For more information, visit [heartoftherockieshhh.com](http://heartoftherockieshhh.com).

### ● Hospitalist Program

HRRMC's hospitalists specialize in the acute care of adult patients admitted to the hospital who do not have a local primary care provider or whose local primary care provider requests the hospitalist to follow the patient while hospitalized.

Our hospitalists are also available for consults requested by local primary care physicians who choose to continue to see their patients in the hospital. More information about HRRMC's hospitalists is in the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● Integrative Medicine

Integrative medicine addresses not just disease treatment and prevention but optimizing health. It combines traditional Western medicine with complementary treatments such as massage or supplements. HRRMC internist William Schroeder, D.O., is fellowship-trained in integrative medicine. See his listing in the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● Intensive Critical Care

HRRMC's Intensive Critical Care Department provides a professional, personalized environment to all patients and their families (or other support systems). Our specially trained physicians and nurses focus on the comprehensive care of critically ill adult patients.

Because patient-care conditions in the ICU sometimes change, visiting hours are at the discretion of the nursing staff. **However, ICU visiting hours are generally 8 a.m. to 5 p.m.**

### ● Internal Medicine

HRRMC Internal Medicine specializes in caring for adults with chronic medical conditions and complex healthcare needs. Our internists see clinic patients in the HRRMC Outpatient Pavilion on the hospital campus in Salida, and Dr. Schroeder also sees patients at the HRRMC Buena Vista Health Center. More information about HRRMC's internists is in the Medical Staff directory that begins on page 21.



Therapy dog Ringo says hello to Michale from the Environmental Services team.



### ● Laboratory/Pathology

HRRMC's laboratory is accredited by the College of American Pathologists and is staffed by highly qualified laboratory technologists and phlebotomists (individuals trained to draw blood). A pathologist oversees our laboratory and assists other physicians with diagnoses by reviewing tissue samples and laboratory results.

**Business Hours, except holidays, at HRRMC's main campus in Salida are:**

**Monday – Friday: 7:30 a.m. – 7 p.m.**

**Saturday and Sunday: 7:30 a.m. – 2 p.m.**

Please call for an appointment only if these hours do not meet your needs. The laboratory is staffed 24 hours a day for inpatients and emergencies. **After hours and on weekends, please register for lab services in the Emergency Department.**

Prior to some laboratory tests, 10-12 hours of fasting is recommended. Please ask your doctor or call the laboratory at (719) 530-2260 to find out what preparations to make before your test.

**HRRMC Buena Vista Health Center Lab (719) 395-9048**  
28374 County Road 317, Buena Vista, CO 81211

**Blood-Draw Hours: Monday – Friday: 8 a.m. – 4 p.m.**

### Direct Access Testing

HRRMC offers discounted prices to patients who use Direct Access Testing (DAT), also known as patient self-referral, for lab tests. The patient orders the test from the menu of DAT tests, and pays with cash, check or credit card, at the time of the specimen collection. There is no insurance billing with DAT.

The HRRMC Lab mails the results directly to the patient's address and uploads them to the Patient Portal, and patients are solely responsible for distributing their DAT lab results to their physicians.

DAT is available at the main hospital, the HRRMC Buena Vista Health Center, the HRRMC Custer County Health Center in Westcliffe, and the HRRMC Saguache Health Center.



HRRMC is equipped with a patiently-friendly 1.5 Tesla MRI machine, the standard used in hospitals.

### ● Medical Imaging (Radiology)

Our full-service Medical Imaging Department is staffed by experienced ARRT-registered technologists and board-certified radiologists. HRRMC provides a variety of digital-imaging services, while emphasizing compassion, education and customer service.

We offer cash-based pricing for MRIs and CT scans as a more affordable option for patients with high-deductible insurance plans or no health insurance. To find out more about cash-based pricing, contact Patient Financial Services at (719) 530-2475.

Imaging services include:

- Bone Densitometry (DEXA Scan)
- Digital X-ray/Fluoroscopy
- 3D and 2D Digital Mammography
- CT Scan (with Cardiac Capabilities)
- MRI (including Breast MRI)
- Nuclear Medicine
- PET/CT Scan
- Stereotactic Biopsy
- Ultrasound



## Departments and Services

### ● Medical Records

The Medical Records Department is dedicated to maintaining your medical records and keeping your health information private and secure in accordance with patient's rights and federal and state regulations.

For assistance in obtaining copies of your medical records, please call the Medical Records Department at (719) 530-2285 or email [medrecrequests@hrrmc.net](mailto:medrecrequests@hrrmc.net). The office is open Monday through Friday from 8 a.m. to 5 p.m. except on major holidays.

You may also access your medical records through the Patient Portal. To access the portal, go to [hrrmc.com](http://hrrmc.com), click on the "Patients & Visitors" tab and then click on "Patient Portal."

### ● Medical/Surgical Care

Patients in our Medical/Surgical Department receive a high level of personalized care.

Our inpatient rooms are all private, with private baths and large picture windows—most with beautiful mountain views. Our team of compassionate professionals provides a range of services, including medical and surgical nursing, certified wound care, pediatric care and Swing Bed care (see Swing Bed Program on page 18).

Physical, occupational and speech therapy professionals are available for patients and work hand-in-hand with nursing staff and physicians. In addition, the Case Management staff work with our patients on post-discharge care and instructions. They provide referrals to a wide range of support services and can answer questions regarding health benefits, advance directives and living wills.

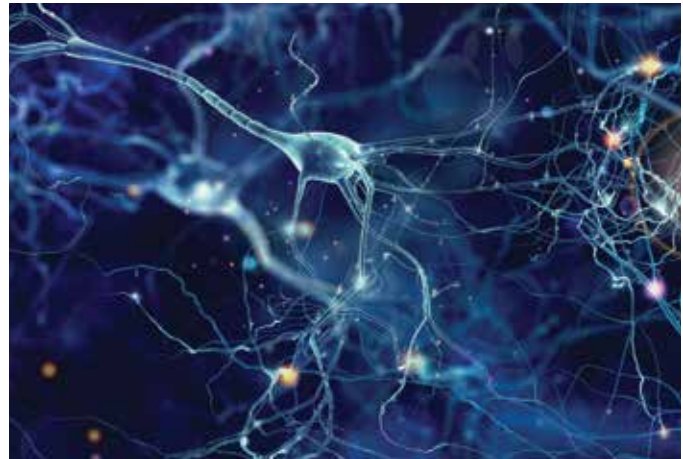
### ● Nephrology

David Kanar, M.D., a locally based, board-certified nephrologist, provides comprehensive care for adults with kidney disease. He sees patients in the HRRMC Outpatient Pavilion. Dr. Kanar also serves as medical director of Heart of the Rockies Regional Dialysis Center. (See Dialysis on page 8.) For more information about Dr. Kanar, refer to the Medical Staff Directory that begins on page 21.

### ● Neurology

Suzanne Lesage, M.D., and Yvonne Rollins, M.D., provide general neurology services, including treatment for headaches and epilepsy, at the HRRMC Outpatient Pavilion on the hospital campus in Salida. Dr. Lesage is board certified in neurology and sleep medicine. Dr. Rollins is board certified in neurology and the subspecialty of neuromuscular medicine and performs EMGs and nerve conduction studies at the hospital.

For more information about our neurologists, refer to the Medical Staff Directory that begins on page 21. Providers are listed by specialty.



### ● Neurosurgery

Our Neurosurgical Services team specializes in treatment plans for pain, disorders and trauma focused on the brain and spinal cord, including minimally invasive spinal procedures and surgeries. Board-certified surgeon Peter Syre, M.D., believes the key to exemplary care is individualized treatment plans that consider each patient's specific needs, and where each patient is treated as a person first.

For more information about Dr. Syre, refer to the Medical Staff Directory that begins on page 21.

### ● Obstetrics

See Family Birthing Center on pages 9–10. Local physicians who offer obstetrics are listed under the Family Medicine specialty in the Medical Staff Directory that begins on page 21.



### ● Oncology/Hematology

HRRMC's cancer-care program combines state-of-the-art oncologic medicine with an integrative approach that incorporates the use of natural-health products, nutritional counseling, exercise, massage and other complementary therapies.

For more information about our oncology providers, see the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● Ophthalmology

Information about private-practice physicians on HRRMC's medical staff is included in the Medical Staff Directory that begins on page 21.

### ● Orthopedics

#### **HRRMC Orthopedic Sports Medicine Center**

Robert Hunter, M.D., directs the Orthopedic Sports Medicine Center. Dr. Hunter is fellowship-trained in sports medicine and has been selected year after year by his peers for inclusion in the Best Doctors in America. He has served on the Board of Fellows of Professional Team Physicians and in several leadership positions with the Arthroscopy Association of North America, including as president (2017-2018).

Dr. Hunter is joined in his practice by board-certified, fellowship-trained orthopedic surgeon, Ramon Perez, D.O., certified physician assistants, Karli Dimino and Beth Pack, and certified athletic trainers, Eduardo Velazco, Brady Ternes, Mackenzie Davenport and Alicia Burch.

#### **Services and Treatments**

- Arthroscopic and open repair of torn ligaments
- Management of athletic injuries
- Sports team coverage
- Treatment for injuries of the knee and shoulder
- Certified athletic training
- Physical therapy in conjunction with HRRMC Rehab Services

The Orthopedic Sports Medicine Center is based in the HRRMC Outpatient Pavilion on the hospital campus in Salida and offers outreach services in Buena Vista, Del Norte and Westcliffe.



Our orthopedic surgical suite has an on-site cast room where your break or fracture will be taken care of immediately.

Dr. Perez offers weekly orthopedics walk-in clinics at Buena Vista Health Center: Thursdays, 11 a.m. – 5:30 p.m.; and Custer County Health Center: Wednesdays, 9 a.m. – 4 p.m.

For more information, refer to the Orthopedics listings in the Medical Staff Directory that begins on page 21.

#### **HRRMC Orthopedic Joint Replacement Center**

Steven Jones, D.O., and Ramon Perez, D.O., perform hip and knee replacements as well as general orthopedic and trauma surgery at HRRMC. Both are board-certified, fellowship-trained surgeons. They see clinic patients at the HRRMC Outpatient Pavilion in Salida, and Dr. Perez also sees patients at the HRRMC Buena Vista Health Center and the HRRMC Custer County Health Center. More information about both physicians is available under the Orthopedics listing in the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● Pain Management

Richard Wolkowitz, M.D., sees pain patients at the HRRMC Outpatient Pavilion on the hospital campus in Salida. Dr. Wolkowitz is board certified by the National Board of Medical Examiners and is a diplomat of the American Board of Anesthesiology and the American Board of Pain Medicine. He is joined by Ellie Curie, FNP-C, and Aubrey Pavlacka, PA-C. Pain Management also offers services in Saguache and Del Norte.

For more information about these providers, refer to the Medical Staff Directory that begins on page 21. Providers are listed by specialty.



## Departments and Services

### ● Patient Financial Services

From registration to paying medical bills, HRRMC's Patient Financial Services Department wants to help save patients time and ease financial strain. We offer phone registration and affordable payment plans.

**Phone Registration: (719) 530-2360**  
**Monday – Friday • 8 a.m. – noon and 1 – 4:30 p.m.**

**Centralized Scheduling: (719) 530-2396**  
**Monday – Friday • 8 a.m. – 5 p.m.**

*Patient scheduling currently for Cardiopulmonary,  
Infusion and Radiology services only.*

To speed up registration time, patients with a scheduled appointment for services at the hospital may call our phone registration line (above). The call should be placed at least 48 hours prior to the appointment, and patients should have their insurance card(s) available when they call.

It takes just a few minutes to register over the phone. When preregistered patients arrive at the hospital for their appointment, they only need to digitally sign the consent form at the front desk and provide their photo I.D. and health insurance card(s) for us to scan.

Patients should bring their physician orders if they were given to them.

### Payments

HRRMC accepts Medicare, Health First Colorado (Medicaid) and most private insurance. We are here to work with you on balances due after insurance and/or if you do not currently have insurance. We can set up internal payment plans with reasonable monthly payments depending on your balance.

We offer cash-based pricing for MRIs, CT scans and rehab services and can assist with the application process for Health First Colorado and the state CICP program.

Patients who have questions about their hospital bill, HRRMC clinic bill or monthly payment plan should call Patient Financial Services at (719) 530-2475.

### Sliding-Fee Schedule

#### *National Health Service Corps Sites*

The HRRMC Buena Vista Health Center and the HRRMC Salida Health Center are National Health Service Corps (NHSC) sites. As NHSC sites, these clinics offer a sliding-fee payment scale. Please click [here](#) for self-pay and uninsured patients based on income and family size. For more information about this program, please call (719) 530-2475.

#### *Colorado Health Service Corps Sites*

The HRRMC Buena Vista Health Center and the HRRMC Gynecology clinic are Colorado Health Service Corps (CHSC) sites. As CHSC sites, these clinics offer a sliding-fee payment scale. Please click [here](#) for self-pay and uninsured patients based on income and family size. For more information about this program, please call (719) 530-2475.

### NONDISCRIMINATION POLICY NOTICE

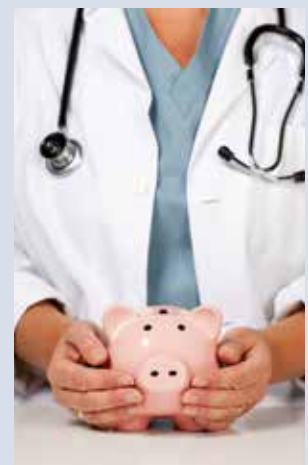
HRRMC's clinics do not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services, and activities, or in employment. For further information about this policy, contact the HRRMC Compliance Officer at (719) 530-8202.

### Financial Assistance (Charity Care) Policy

Heart of the Rockies Regional Medical Center (HRRMC) is committed to providing quality healthcare and meeting the healthcare needs of the community it serves.

No patient will be denied medically necessary treatment on the basis of their ability to pay for such services. By virtue of its exemption from federal and state taxes and as a part of HRRMC's mission to serve the healthcare needs of the community, HRRMC will provide financial assistance (charity care) to qualified patients who are uninsured or underinsured and do not have the financial means to pay for hospital services.

For more information about HRRMC's Financial Assistance (Charity Care) Policy, please visit the hospital website, [www.hrrmc.com](http://www.hrrmc.com), or call (719) 530-2475 for a copy of our brochure.





Open to patients and the public, the HRRMC Outpatient Pharmacy offers a large inventory of common prescription drugs and over-the-counter items.

### ● Pharmacy

HRRMC Outpatient Pharmacy is open to the public and makes it convenient for patients to fill their prescriptions after clinic visits or upon discharge from the hospital. Additionally, we offer local pharmacy pickup services at the HRRMC Saguache Health Center and HRRMC Custer County Health Center. Prescriptions are available for patient pickup at each health center on weekdays during each health center's normal business hours.

### ● Podiatry

See Foot and Ankle Surgery/Podiatry on page 10.

### ● Psychiatry

HRRMC Psychiatry Services specializes in mental-health medication management for adults and children. Ronie Schafer, a psychiatric mental health nurse practitioner, provides telepsychiatry services. More information is available in the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● Pulmonology

HRRMC has contracted with a group of pulmonologists to treat patients with a wide range of lung and breathing conditions. They see patients in the Outpatient Pavilion on the hospital campus. More information about our pulmonologists is listed in the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● Rehabilitation Services

HRRMC offers rehabilitation services for inpatients at the hospital, as well as outpatient services at the following clinics:

#### **HRRMC Buena Vista Health Center (719) 395-9048**

28374 County Road 317, Buena Vista, CO 81211

Hours: Monday to Friday, 7:15 a.m. – 5 p.m.

#### **HRRMC Custer County Health Center (719) 783-2380**

704 Edwards Ave., Westcliffe, CO 81252

Hours: Monday – Friday, 9 a.m. – 4 p.m.

#### **HRRMC Saguache Health Center (719) 655-2531**

405 N. Denver Ave., Saguache, CO 81149

Hours: Monday, Tuesday, Thursday, 8 a.m. – 5 p.m.

#### **HRRMC Outpatient Pavilion (719) 530-2040**

1000 Rush Drive, Salida, CO 81201

Hours: Monday to Friday, 7 a.m. – 5 p.m.

Our physical, occupational and speech therapists are highly skilled and certified to provide a wide range of services including (but not limited to):

### OCCUPATIONAL THERAPY

- Activities of daily living retraining
- Hand therapy
- Home-safety evaluations
- Neurologic rehabilitation
- Orthotic- and splint-fitting
- Pediatric rehabilitation
- Work-site analysis



HRRMC's Outpatient Rehabilitation department provides a wide variety of services to support your success in life's physical activities.



### *Rehabilitation Services continued*

#### **PHYSICAL THERAPY**

- Aquatic therapy in our therapy pool
- Dizziness therapy
- Dry needling (for pain management)
- Gait and balance retraining
- Graduate fitness program
- Incontinence therapy
- Lymphedema therapy
- Neurologic rehabilitation
- Orthopedic rehabilitation
- Pediatric therapy
- Pelvic dysfunction/chronic pelvic pain
- Perinatal care
- Post-prostate incontinence therapy
- Sports medicine
- Women's health services
- Wound care

#### **SPEECH THERAPY**

- Speech and language deficits\*
- Stroke rehabilitation
- Stuttering and fluency
- Swallowing disorders
- Voice problems

\*Speech therapy services are not currently available at Custer County Health Center.

#### ● **Sleep Medicine**

Suzanne Lesage, M.D., is board certified in sleep medicine. For more information about Dr. Lesage, see the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

The hospital conducts sleep studies in a cozy bedroom setting in the hospital. Home sleep studies are also available. To make an appointment for a sleep study (with a doctor's order), please call (719) 530-2280.

#### ● **Sports Medicine**

See HRRMC Orthopedic Sports Medicine Center on page 14.

#### ● **Surgical Services**

HRRMC's surgical facilities include three operating rooms and an endoscopy suite, which is also used for minor procedures.

Surgical services include:

- Ear, Nose and Throat (ENT)
- Foot and Ankle
- Gastroenterology
- General/Trauma Surgery
- Gynecology
- Hand Surgery
- Neurosurgery
- Obstetrics
- Ophthalmology
- Orthopedic Surgery (including Sports Medicine and Joint Replacement)
- Pain Management
- Pulmonology
- Urology
- Vascular Surgery



Aquatic physical therapy is just one of the many services offered through HRRMC Rehabilitation.



### ● Swing Bed Program

After an illness, injury or surgery, a patient may need additional skilled care before returning home. The patient's doctor may recommend a Medicare-certified program referred to as Swing Bed (or Skilled Care in larger hospitals). Swing Bed allows physicians to "swing" the level of care from acute care to skilled rehabilitation. Under this program, you can continue to recuperate in a hospital setting.

HRRMC's Swing Bed Program combines nursing care with physical therapy, occupational therapy, speech therapy and an activity program customized for each patient. We help patients improve their mobility, become more independent, and get back to their own daily routine as quickly as possible.

For more information about Swing Bed care, call (719) 530-2310.

### ● Urology

HRRMC's urology clinic see patients at the HRRMC Outpatient Pavilion on the hospital campus in Salida and perform surgery at the hospital. Cole Wiedel, M.D., treats conditions ranging from male infertility and incontinence to urinary urgency and cancers of the kidney, bladder and prostate.

More information about our urologists is available in the Medical Staff Directory that begins on page 21. Providers are listed by Specialty.



The Swing Bed program at HRRMC combines nursing care with physical therapy, occupational therapy, speech therapy and an activity program customized just for you.

### ● Vascular Surgery

Dr. Franco Rea offers vascular surgical services as well as outpatient clinic visits for patients. Information about physicians on HRRMC's medical staff is included in the Medical Staff Directory that begins on page 21. Providers are listed by specialty.

### ● Wellness U

Wellness U is a community wellness program designed to help people take an active role in their health. Offerings include a total wellness retreat, health coaching, diabetes education, discounted Direct Access Testing, Direct Access Cardiovascular Screening, and classes in everything from yoga to tai chi. For more information, call (719) 530-2057 or visit [hrrmc.com](http://hrrmc.com).



HRRMC's Wellness U programs are designed to help prevent disease and injury, improve your health and enhance the quality of your life.



### ● HRRMC Buena Vista Health Center

28374 County Road 317, PO Box 1527, (719) 395-9048

Buena Vista, CO 81211

#### Health Center Hours:

Monday – Friday, 8 a.m. – 5 p.m.

#### Walk-in Clinic Hours:

Monday – Sunday, 9 a.m. – 6 p.m.

#### Orthopedics Walk-in Clinic Hours:

Thursday, 11 a.m. – 5:30 p.m.

#### Direct Access Testing Hours:

Monday – Friday, 8 a.m. – 4 p.m.

In an emergency, call 911.

HRRMC's Buena Vista Health Center is a full-service rural health clinic dedicated to providing exceptional and personalized care to our patients. The health center participates in Medicare and Health First Colorado (Medicaid) and is also a National Health Service Corps (NHSC) site and a Colorado Health Service Corps (CHSC) site. As an NHSC and CHSC site, the clinic has a sliding-fee payment scale for self-pay and uninsured patients based on income and family size. We offer:

- Primary care for all ages
- Walk-in Clinic for non-urgent needs
- Internal medicine
- Gynecology and Obstetrics
- Minor procedures
- Full-service laboratory and discounted Direct Access Testing
- Medical imaging (X-ray)
- Workers' Compensation services
- Cardiology
- Drug screens
- Rehabilitation
- Cardiac and pulmonary rehabilitation
- Orthopedics

### ● HRRMC Custer County Health Center

704 Edwards Ave., Westcliffe, CO 81252 (719) 783-2380

#### Health Center Hours:

Monday – Friday, 8 a.m. – 5 p.m.

#### Orthopedics Walk-in Clinic Hours:

Wednesday, 9 a.m. – 4 p.m.

#### Rehabilitation Services Hours:

Call (719) 783-2380, ext. 12 for an appointment

#### Direct Access Testing Hours:

Monday – Friday, 8 a.m. – 4:30 p.m.

#### Pharmacy Pickup Hours:

Monday – Friday, 8 a.m. – 5 p.m.

HRRMC's Custer County Health Center offers primary care, laboratory testing, basic x-rays and physical therapy services. Patients can also visit our weekly orthopedics walk-in clinic, and get bi-monthly access to cardiology, audiology, gynecology and optometry services. A free weekly shuttle service is available for patients needing transport to HRRMC's main campus and back to the health center.

### ● HRRMC Saguache Health Center

405 N. Denver Ave., Saguache, CO 81149 (719) 655-2531

#### Health Center Hours:

Tuesday and Thursday, 9 a.m. – 4 p.m.

#### Rehabilitation Hours:

Monday, Tuesday and Thursday, 9 a.m. – 4 p.m.

#### Direct Access Testing Hours:

Wednesdays, 9 a.m. – 3:30 p.m.

#### Pharmacy Pickup Hours:

Monday – Thursday, 9 a.m. – 4 p.m.

HRRMC's Saguache Health Center offers a combination of family medicine and obstetrics services, rehab, pharmacy delivery, monthly pain management services and direct access lab testing services.

### ● HRRMC Salida Health Center

550 W. Highway 50, Salida, CO 81201 (719) 530-2022

#### Health Center Hours:

Monday – Friday, 8 a.m. – 5 p.m.

Saturday, 8:30 a.m. – 11 a.m.

The Salida Health Center provides comprehensive, primary care across the life span. Clinic services include adult and pediatric medicine, geriatrics, women's health, pregnancy care and minor office procedures. The health center is a National Health Service Corps (NHSC) site. As an NHSC site, the clinic has a sliding fee payment scale for self-pay and uninsured patients based on income and family size.

#### Salida Health Center providers

Stephanie Earhart, M.D.

Vanna Irving, M.D.

Ashley O'Hara, M.D.

Sara Stoit, FNP-C

James Wigington, M.D.



### ● HRRMC Outpatient Pavilion

**1000 Rush Drive, Salida, CO 81201 (719) 530-2000**

The HRRMC Outpatient Pavilion houses a variety of medical specialists as well as HRRMC's Rehabilitation Services and Wellness Department.

#### **Radiology (X-rays)**

Call (719) 530-2000 for more information.

#### **Rehabilitation Services**

##### ***Physical, Occupational and Speech Therapy***

Monday – Friday, 7 a.m. – 5 p.m.

Call (719) 530-2040 to schedule an appointment.

#### **HRRMC Allergy Clinic**

Shikha Gupta, M.D.

Diane Napoli, M.D.

#### **HRRMC Audiology**

Robert Furby, M.S., FAAA

#### **HRRMC Ear, Nose and Throat**

Michele Streeter, M.D.

Harry Payton, D.O.

#### **HRRMC Endocrinology**

Ross Tanner, D.O.

#### **HRRMC Gastroenterology**

Michael J. Burkholz, D.O.

Matthew Drew, M.D.

Austin E. Garza, M.D.

Bryan C. Kavanaugh, M.D.

Leslie Monagle, FNP-BC

Teresa Yanchak, M.D.

#### **HRRMC Gynecology Services**

Tiffany Rhodes, M.D.

#### **HRRMC Internal Medicine**

David Kanar, M.D.

William Schroeder, D.O.

#### **HRRMC Nephrology**

David Kanar, M.D.

#### **HRRMC Neurology and Sleep Medicine**

Suzanne Lesage, M.D.

Yvonne Rollins, M.D.

#### **HRRMC Neurosurgical Services**

Peter Syre, M.D.

#### **HRRMC Orthopedics**

##### ***HRRMC Orthopedic Sports Medicine Center***

Robert Hunter, M.D.

Ramon Perez, D.O.

Karli Dimino, PA-C

Beth Pack, PA-C

*HRRMC Orthopedic Sports Medicine Center continued*

Brady Ternes, ATC

Eduardo Velazco, ATC

Alicia Burch, ATC

Mackenzie Davenport, ATC

#### **HRRMC Orthopedic Joint Replacement Center**

Steven Jones, D.O.

Ramon Perez, D.O.

#### **HRRMC Pain Management**

Richard Wolkowitz, M.D., FIPP

Ellie Curie, NP-C

Aubrey Pavlacka, PA-C

#### **HRRMC Psychiatry Services**

Ronie Schafer, PMHNP

#### **HRRMC Pulmonology**

Christopher Merrick, M.D.

Ronald Rains, M.D.

Timothy Rummel, M.D., FCCP, FAASM

Bruce N. Suckling, M.D.

#### **HRRMC Urology Services**

Cole Wiedel, M.D.

John Mancini, M.D.

Jonathan Seidlin, M.D.

#### **HRRMC Vascular Services**

Franco Rea, M.D.

### ● HRRMC Specialty Clinic

**1000 Rush Drive, Salida, CO 81201 (719) 530-2000**

The Specialty Clinic at the hospital gives patients the opportunity to see local and visiting specialists for consultations and minor procedures right here in Salida.

Services include:

- General/Trauma Surgery
- Infusion
- Oncology

### ● HRRMC Walk-in Clinic

**28374 County Road 317, PO Box 1527 (719) 395-9048**

**Buena Vista, CO 81211**

#### **Walk-in Clinic Hours:**

Monday – Friday, 11 a.m. – 5:30 p.m.

Saturday and Sunday, 9 a.m. – 1 p.m.

**In an emergency, call 911.**

The HRRMC Walk-in Clinic treats minor medical conditions like sprains, ear infections, sore throats, pink eye and skin rashes. Emergencies will be directed to the HRRMC Emergency Department in Salida.



## Medical Staff Directory (listed by specialty)

\*Physicians who are employed by or contracted with HRRMC.

\*\* Locally based private-practice medical providers on HRRMC's medical staff.

\*\*\*Private-practice medical providers on HRRMC's medical staff whose primary office is outside Chaffee County, and who either travel to our area to see patients or provide additional coverage for HRRMC.

\*\*\*\*Advanced practice professionals employed by HRRMC who are credentialed and privileged to provide medical services for HRRMC.

For more information about our medical staff, visit the Find a Provider menu on our website at [www.hrrmc.com](http://www.hrrmc.com).

## Medical Specialties

### ● ALLERGY AND IMMUNOLOGY

**HRRMC Outpatient Pavilion** (719) 530-2000  
1000 Rush Drive, Salida, CO 81201



**Shikha Gupta, M.D.\***

*Medical School:*

SUNY Upstate Medical University, Syracuse, New York

*Fellowships:*

Allergy and Immunology, National Jewish Health, Denver, Colorado

*Internship and Residency:*

Pediatrics, Children's Hospital at Montefiore, Bronx, New York

*Board Certification:*

American Board of Allergy and Immunology  
American Board of Pediatrics



**Diane C. Napoli, M.D., FAAAAI, FAAAAI, FAAP\***

*Medical School:*

University of Vermont College of Medicine

*Fellowships:*

Academic General Pediatrics, University of Texas Health Sciences Center

Allergy/Immunology, Wilford Hall United States Air Force Medical Center, Lackland Air Force Base

*Board Certification:*

American Board of Allergy and Immunology

### ● ANESTHESIA

**Monarch Anesthesia LLC** (719) 530-2255  
1000 Rush Drive, Salida, CO 81201



**Craig Copelin, CRNA\*\***

*Education:*

MSN, Georgetown University

*Board Certification:*

Certified Registered Nurse Anesthetist

**Charlie Franker, CRNA\*\***

*Education:*

Keiser University

*Board Certification:*

Certified Registered Nurse Anesthetist

**Barbara Pearse, CRNA\*\***

*Board Certification:*

Certified Registered Nurse Anesthetist



**Gregory McDonald, CRNA\*\***

*Education:*

MSN, Texas Wesleyan University

*Board Certification:*

Certified Registered Nurse Anesthetist



**Jonelle Vallier, CRNA\*\***

*Education:*

MHS, Texas Wesleyan University

*Board Certification:*

Certified Registered Nurse Anesthetist

### ● AUDIOLOGY

**HRRMC Outpatient Pavilion** (719) 530-2000  
1000 Rush Drive, Salida, CO 81201



**Robert Furby, M.S., FAAA**

*Education:*

University of South Alabama, Mobile



### ● CARDIOLOGY

#### HRRMC Cardiology (719) 530-2000

1000 Rush Drive, Salida, CO 81201

#### Custer County Health Center

704 Edwards Ave., Westcliffe, CO 81252



#### **Kenneth J. Wool, M.D., FACC \***

*Medical School:*

University of South Alabama College of Medicine

*Fellowships:*

Cardiology, University of Alabama at Birmingham

*Board Certification:*

Internal Medicine and Cardiovascular Disease,  
American Board of Internal Medicine



#### **Kathleen Brown, M.D. \***

*Medical School:*

Rush University

*Fellowships:*

Cardiology, Electrophysiology and Physiology  
Research, Rush University

*Board Certification:*

Internal Medicine, Cardiovascular Disease and  
Clinical Cardiac Electrophysiology, American Board  
of Internal Medicine



#### **George Gibson, M.D., FACC \***

*Medical School:*

Hahnemann University School of Medicine

*Fellowship:*

Cardiology, University of Colorado Health Sciences  
Center

*Board Certification:*

Cardiology, Cardiovascular Disease and Internal  
Medicine, American Board of Internal Medicine

### ● DERMATOLOGY

#### Central Colorado Dermatology (719) 539-4600

925 Rush Drive (HRRMC Campus), Salida, CO 81201



#### **Anthony L. Timko, M.D., FAAD \*\***

*Medical School:*

Medical College of Ohio

*Board Certification:*

American Board of Dermatology

### ● EAR, NOSE AND THROAT (OTOLARYNGOLOGY)

#### HRRMC Ear, Nose and Throat (719) 530-2000

HRRMC Outpatient Pavilion

1000 Rush Drive, Salida, CO 81201



#### **Michele Streeter, M.D. \***

*Medical School:*

University of Colorado Health Sciences Center

*Board Certification:*

Otolaryngology, American Board of Otolaryngology



#### **Corrine Size, NP-C \*\*\*\***

*Education:*

Regis University

*Board Certification:*

American Board of Pain Medicine



#### **Harry Payton, D.O. \***

*Medical School:*

Oklahoma State University

*Board Certification:*

American Osteopathic Board  
of Otorhinolaryngology

### ● EMERGENCY MEDICINE

#### HRRMC Emergency Department (719) 530-2250

1000 Rush Drive, Salida, CO 81201



#### **Victor Adan, M.D. \***

*Medical School:*

The Medical College of Georgia

*Fellowship:*

Rural Emergency Medicine, Baptist Memorial  
Hospital-Tipton

*Board Certification:*

American Board of Family Medicine



#### **Kendall Lee, M.D. \***

*Medical School:*

Harvard Medical School

*Board Certification:*

American Board of Emergency Medicine



#### **Patrick S. Miller, M.D. \***

*Medical School:*

University of Colorado Health Sciences Center

*Board Certification:*

American Board of Family Medicine



#### **Richard M. Ruiter, M.D. \***

*Medical School:*

UC San Diego School of Medicine

*Board Certification:*

American Board of Family Medicine



#### **Joshua M. Visitacion, M.D. \***

*Medical School:*

University of Utah School of Medicine

*Board Certification:*

American Board of Emergency Medicine



### Emergency Medicine continued



**John Wierdsma, D.O.\***

*Medical School:*  
University of New England College of  
Osteopathic Medicine



**Erin Arnett, FNP-C\*\*\*\***

*Education:*  
Regis University  
*Board Certification:*  
American Academy of Nurse Practitioners



**Brittany Collins, PA-C\*\*\*\***

*Education:*  
Duke University  
*Board Certification:*  
National Commission on Certification of  
Physician Assistants



**Stewart Irving, DNP, FNP-C\*\*\*\***  
**Family Nurse Practitioner–Walk-in Clinic**

*Education:*  
University of Utah, College of Nursing (DNP)  
University of Arkansas for Medical Sciences,  
College of Nursing (BSN)  
*Board Certification:*  
American Academy of Nurse Practitioners

### ● ENDOCRINOLOGY

**HRRMC Endocrinology (719) 530-2000**  
HRRMC Outpatient Pavilion, 1000 Rush Dr., Salida, CO 81201



**Ross Tanner, D.O.\***

*Medical School:*  
University of North Texas Health Science Center  
*Board Certification:*  
American Board of Clinical Lipidology  
American Board of Internal Medicine

### ● FAMILY MEDICINE

**First Street Family Health (719) 539-6637**  
910 Rush Drive (HRRMC Campus), Salida, CO 81201



**Amy Beauprez, M.D.**  
**Family Medicine and Obstetrics**

*Medical School:*  
University of Colorado School of Medicine  
*Board Certification:*  
American Board of Family Medicine



**Matthew D. Burkley, M.D.\*\***  
**Family Medicine and Obstetrics**  
**including Cesarean delivery**

*Medical School:*  
University of Utah School of Medicine  
*Board Certification:*  
American Board of Family Medicine



**Meggan J. Grant-Nierman, D.O., MBA\*\***  
**Family Medicine and Obstetrics**  
**including Cesarean delivery**

*Medical School:*  
Kansas City University of Medicine and Biosciences  
*Fellowship:*  
Sports Medicine, Via Christi Family Medicine  
*Board Certification:*  
Family Medicine and Sports Medicine, American  
Board of Family Medicine



**Daniel D. Lombardo, M.D.\*\***  
**Family Medicine and Obstetrics**

*Medical School:*  
University of Florida College of Medicine  
*Board Certification:*  
American Board of Family Medicine

**HRRMC Buena Vista Health Center (719) 395-9048**  
28374 County Road 317, PO Box 1527, Buena Vista, CO 81211



**Amy Hills, M.D.\***  
**Family Medicine**

*Medical School:*  
Georgetown University School of Medicine  
*Board Certification:*  
American Board of Family Medicine



**Anna Jones, M.D.\***  
**Family Medicine**

*Medical School:*  
Creighton University School of Medicine  
*Board Certification:*  
American Board of Family Medicine



**Craig Otteni, M.D.\***  
**Family Medicine**

*Medical School:*  
The Warren Alpert Medical School of Brown  
University  
*Board Certification:*  
American Board of Family Medicine



**Jeremy Roderick, D.O.\***  
**Family Medicine**

*Medical School:*  
College of Osteopathic Medicine at Kansas City  
University of Medicine and Biosciences  
*Board Certification:*  
American Board of Osteopathic Family Physicians



### HRRMC Buena Vista Health Center continued



**Thomas E. White, M.D., FFAFP\***

**Family Medicine**

*Medical School:*

UC Davis School of Medicine

*Board Certification:*

American Board of Family Medicine



**Jennifer Buckwalter, FNP-C \*\*\*\***

**Family Nurse Practitioner**

*Education:*

Regis University

*Board Certification:*

American Academy of Nurse Practitioners



**Jan Ommen, MSN, APRN, FNP-BC\*\*\*\***

**Family Nurse Practitioner**

*Education:*

University of Wyoming (MS) (FNP)

University of Northern Colorado (BSN)

*Board Certification:*

American Nurses Credentialing Center



**Nika Starr, NP-C \*\*\*\***

**Family Nurse Practitioner–Walk-in Clinic**

*Education:*

Regis University (FNP, MSN, BSN)

*Board Certification:*

American Academy of Nurse Practitioners



**Linda Typer, RN, MSN, FNP-BC, WHCNP\*\*\*\***

**Family Nurse Practitioner/Women's Health  
Care Nurse Practitioner**

*Education:*

University of Nebraska Medical Center (FNP)

University of Northern Colorado (MSN) (BSN)

University of Colorado School of Nursing (WHCNP)

*Board Certification:*

American Nurses Credentialing Center

### ● HRRMC CUSTER COUNTY HEALTH CENTER

704 Edwards Ave., Westcliffe, CO 81252

**(719) 783 2380**



**Gordon Stephens, D.O., FFAFP\***

**Family Medicine and Obstetrics**

*Medical School:*

Kansas City University of Medicine and Biosciences

*Board Certification:*

American Board of Family Medicine



**Joel Schaler, M.D.\***

**Family Medicine**

*Medical School:*

University of Colorado School of Medicine

*Board Certification:*

American Board of Family Medicine



**Maria Duran-Shy, FNP-BC\*\*\*\***

**Family Nurse Practitioner**

*Education:*

Colorado State University (FNP)

*Board Certification:*

American Nurses Credentialing Center

### HRRMC Salida Health Center

**(719) 530-2022**

550 W. Hwy. 50, Salida, CO 81201



**Stephanie Earhart, M.D.\***

**Family Medicine**

*Medical School:*

Penn State College of Medicine

*Board Certification:*

American Board of Family Medicine



**Vanna Irving, M.D.\***

**Family Medicine and Obstetrics**

**including Cesarean delivery**

*Medical School:*

University of Arkansas for Medical Sciences

*Fellowship:*

Obstetrics, Mountain Area Health Education  
Center, Asheville, NC

*Board Certification:*

American Board of Family Medicine



**Ashley L. O'Hara, M.D.\***

**Family Medicine and Obstetrics**

*Medical School:*

University of Rochester School of Medicine

*Board Certification:*

American Board of Family Medicine



**Sara Stoit, MSN, APRN, FNP-C\*\*\*\***

**Family Nurse Practitioner**

*Education:*

University of Arizona (MSN)

Northern Arizona University (BSN)

*Board Certification:*

American Academy of Nurse Practitioners



**James Wigington, M.D.\***

**Family Medicine and Obstetrics**

**including Cesarean delivery**

*Medical School:*

University of Colorado School of Medicine

*Board Certification:*

American Board of Family Medicine



### ● FOOT AND ANKLE SURGERY/PODIATRY

#### **Wentz Foot & Ankle Center of Excellence** (719) 539-6600

920 Rush Drive (HRRMC Campus), Salida, CO 81201



##### **Ralph J. Wentz, D.P.M.\*\***

*Medical School:*

Temple University School of Podiatric Medicine

*Board Certification:*

Foot surgery and reconstructive rearfoot/ankle surgery, American Board of Foot and Ankle Surgery

### ● GASTROENTEROLOGY

#### **HRRMC Gastroenterology** (719) 530-2000

HRRMC Outpatient Pavilion • 1000 Rush Dr., Salida, CO 81201



##### **Michael J. Burkholz, D.O.\*\***

*Medical School:*

Midwestern University School of Medicine

*Fellowship:*

Gastroenterology, Medical City Fort Worth-John Peter Smith Hospital

*Board Certification:*

American Board of Internal Medicine



##### **Matthew Drew, M.D.\*\***

*Medical School:*

Robert Wood Johnson Medical School

*Fellowship:*

Gastroenterology, Cooper University Medical Center

*Board Certification:*

American Board of Internal Medicine



##### **Austin E. Garza, M.D.\*\***

*Medical School:*

Vanderbilt University School of Medicine

*Fellowship:*

Gastroenterology, University of South Florida Affiliated Hospitals

*Board Certification:*

American Board of Internal Medicine



##### **Bryan C. Kavanaugh, M.D.\*\***

*Medical School:*

Georgetown University School of Medicine

*Fellowship:*

Gastroenterology, Thomas Jefferson University Hospital

*Board Certification:*

American Board of Internal Medicine



##### **Leslie Monagle, FNP-BC\***

*Education:*

BSN, New Mexico State University, MSN, FNP, University of New Mexico

*Board Certification:*

American Nurses Credentialing Center



##### **Teresa Yanchak, M.D.\*\***

*Medical School:*

Texas Tech University School of Medicine

*Board Certification:*

American Board of Internal Medicine

### ● GENERAL/TRAUMA SURGERY AND GASTROINTESTINAL ENDOSCOPY

#### **HRRMC General and Trauma Surgery** (719) 530-2000

HRRMC Specialty Clinic • 1000 Rush Drive, Salida, CO 81201



##### **Karen A. Johnson, M.D., FACS\***

*Medical School:*

Texas A&M University School of Medicine

*Board Certification:*

American Board of Surgery  
American Board of Wound Medicine and Surgery



##### **Jeremy Hedges, M.D.\***

*Medical School:*

University of Texas Medical School

*Board Certification:*

American Board of Surgery

### ● GYNECOLOGY

#### **HRRMC Gynecology** (719) 530-2000

HRRMC Outpatient Pavilion • 1000 Rush Dr., Salida, CO 81201

HRRMC Buena Vista Health Center

28374 County Road 317, Buena Vista, CO 81211

HRRMC Custer County Health Center

704 Edwards Ave, Westcliffe, CO 81252



##### **Tiffany Rhodes, M.D.\***

*Medical School:*

Texas Tech University Health Sciences Center

*Board Certification:*

Obstetrics and Gynecology, American Board of Obstetrics and Gynecology

### ● HOSPITALIST

#### **HRRMC** (719) 530-2200

1000 Rush Drive, Salida, CO 81201



##### **Erika Gelgand, M.D.\***

*Medical School:*

University of New Mexico School of Medicine

*Board Certification:*

Internal Medicine, American Board of Internal Medicine



*Hospitalist continued*

**David Kanar, M.D.\***

See listing under Internal Medicine.



**Randal E. Villalovas, M.D.\***

*Medical School:*

University of Illinois at Chicago and  
The Chicago Medical School

*Board Certification:*

Internal Medicine, National Board of Physicians  
and Surgeons



**Taisa Weidel, M.D.\***

*Medical School:*

University of Colorado School of Medicine

*Board Certification:*

American Board of Family Medicine

### ● INTEGRATIVE MEDICINE

**William Schroeder, D.O.\***

See listing under Internal Medicine.

### ● INTERNAL MEDICINE

**HRRMC Internal Medicine (719) 530-2000**

HRRMC Outpatient Pavilion • 1000 Rush Dr. Salida, CO 81201

HRRMC Buena Vista Health Center

28374 County Road 317, Buena Vista, CO 81211



**David Kanar, M.D.\***

**Internal Medicine/Nephrology**

*Medical School:*

Finch University of Health Sciences–  
The Chicago Medical School

*Fellowship:*

Nephrology, Long Island Jewish Medical  
Center

*Board Certification:*

American Board of Internal Medicine



**William R. Schroeder, D.O.\***

**Internal Medicine/Integrative Medicine**

*Medical School:*

Des Moines University

*Fellowship:*

Integrative Medicine, University of Arizona  
School of Medicine

*Board Certification:*

Internal Medicine, American Board of Internal  
Medicine

### ● NEPHROLOGY (KIDNEY SPECIALTY)

See listing for Dr. David Kanar under Internal Medicine.

*Additional telenephrology coverage is provided by Pikes Peak Nephrology  
Associates P.C. For more info, visit [pikespeaknephrology.com](http://pikespeaknephrology.com).*

**Jesse A. Flaxenburg, M.D.\*\***

**Melinda L. Hockensmith, M.D.\*\*\***

**Michael D. Ross, M.D.\*\*\***

### ● NEUROLOGY AND SLEEP MEDICINE

**HRRMC Neurology and Sleep Medicine (719) 530-2000**

HRRMC Outpatient Pavilion • 1000 Rush Dr., Salida, CO 81201



**Suzanne Lesage, M.D., MHS\***

*Medical School:*

University of Colorado

*Fellowship:*

Sleep Medicine, Wake Forest Baptist Medical Center

*Board Certification:*

Neurology and Sleep Medicine, American Board  
of Psychiatry and Neurology

**HRRMC Neurology**



**Yvonne Rollins, M.D., Ph.D.\***

*Medical School:*

University of Colorado

*Fellowship:*

Neuromuscular Medicine, University of Colorado

*Board Certification:*

Neurology and Neuromuscular Medicine, American  
Board of Psychiatry and Neurology



**Jill McQueen, FNP-C \*\*\*\***

*Education:*

MSN, Regis University

*Board Certification:*

American Academy of Nurse Practitioners

### ● NEUROSURGICAL SERVICES

**HRRMC Neurosurgical Services (719) 530-2000**

HRRMC Outpatient Pavilion • 1000 Rush Dr., Salida, CO 81201



**Peter Syre, M.D. \*\*\***

*Medical School:*

University of Pittsburgh, School of Medicine

*Fellowship:*

Pennsylvania Hospital, University of Spine; Christ-  
church Public Hospital, Christchurch New Zealand-

*Board Certification:*

American Board of Neurological Surgery

### ● OBSTETRICS

See Family Medicine.



### ● ONCOLOGY/HEMATOLOGY

#### HRRMC Oncology/Hematology Clinic

HRRMC Specialty Clinic

(719) 530-2302

1000 Rush Drive, Salida, CO 81201



**Kathryn Ann Arrambide, M.D., MBA, FACP\***

*Medical School:*

University of Texas Southwestern

*Fellowship:*

Medical Oncology and Hematology, University of Texas Southwestern Medical Center

*Board Certification:*

Medical Oncology, American Board of Internal Medicine

Internal Medicine, Hematology and Medical Oncology, National Board of Physicians and Surgeons



**Wendy Oatis, M.D., J.D.\***

*Medical School:*

Virginia Commonwealth University School of Medicine

*Fellowship:*

Pennsylvania Hospital, University of Spine; Christchurch Public Hospital, Christchurch New Zealand

*Board Certification:*

American Board of Internal Medicine



**Carol "CJ" Johnson, PA-C\*\*\*\***

*Education:*

University of Kentucky

*Board Certification:*

National Commission on Certification of Physician Assistants

### ● OPHTHALMOLOGY

**Susan C. Benes, M.D.**

(719) 430-5578

213 Tabor Street, Buena Vista, CO 81211



**Susan C. Benes, M.D.\*\***

**(Neuro-Ophthalmologist)**

*Medical School:*

Medical College of Pennsylvania

*Fellowship:*

Neuro-Ophthalmology, Wills Eye Hospital and University of Pennsylvania

*Board Certification:*

American Board of Ophthalmology

**Skyline Vision Clinic & Laser Center (719) 539-2519**

Lund Eye Care Associates, 205 G Street, Salida, CO 81201



**James H. Burden, M.D.\*\*\***

*Medical School:*

Medical University of South Carolina

*Board Certification:*

American Board of Ophthalmology



**Matthew K. Chang, M.D.\*\*\***

*Medical School:*

University of Illinois College of Medicine

*Fellowship:*

Anterior Segment and Refractive Surgery, University of Arizona College of Medicine

*Board Certification:*

American Board of Ophthalmology

**Rocky Mountain Eye Center**

(719) 539-3581

7162B County Rd 154, Salida, CO 81201



**Wesley Adams, M.D.\*\*\***

*Education:*

University of Utah

*Board Certification:*

American Board of Ophthalmology



**Michael W. Coatney, D.O.\*\*\***

*Medical School:*

Kirksville College of Osteopathic Medicine

*Board Certification:*

American Board of Ophthalmology



**Anak K. Shrestha, M.D., MPH\*\*\***

*Medical School:*

George Washington School of Medicine

*Board Certification:*

American Board of Ophthalmology

### ● ORO-FACIAL PLASTIC SURGERY

See listing for Ear, Nose and Throat.

### ● ORTHOPEDIC SURGERY/ORTHOPEDICS

**HRRMC Orthopedic Sports**

(719) 530-2000

**Medicine Center**

[HRRMC Outpatient Pavilion](#) • 1000 Rush Dr., Salida, CO 81201

[HRRMC Buena Vista Health Center](#)

28374 County Road 317, Buena Vista, CO 81211

[HRRMC Custer County Health Center](#)

704 Edwards Ave., Westcliffe, CO 81252

[Rio Grande Hospital Clinic](#)

310 County Road 14, Del Norte, CO 81132



**Robert E. Hunter, M.D.\***

*Medical School:*

University of Minnesota Medical School

*Fellowship:*

Independent Sports Medicine Traveling Fellowship with Four Orthopedic Surgeons

*Board Certification:*

American Board of Orthopaedic Surgery



### Orthopedic Surgery/Orthopedics continued



**Karli Dimino, MPAS, PA-C \*\*\*\***

*Education:*  
University of Nebraska School of Medicine  
*Board Certification:*  
National Commission on Certification  
of Physician Assistants



**Beth Pack, MS, PA-C \*\*\*\***

*Education:*  
University of Medicine and Dentistry of New Jersey  
*Board Certification:*  
National Commission on Certification  
of Physician Assistants



**Ramon Perez, D.O.\***

*Medical School:*  
University of Medicine and Dentistry of New  
Jersey/Rowan University  
*Fellowship:*  
Sports Medicine, New Mexico Orthopedics  
*Board Certification:*  
Orthopedic Surgery, American Osteopathic Board of  
Orthopedic Surgery

### HRRMC Orthopedic Joint Replacement Center



**Steven Jones, D.O.\***

*Medical School:*  
Oklahoma State University College of Osteopathic  
Medicine, Tulsa  
*Fellowship:*  
Adult Reconstruction, University of Arkansas for  
Medical Services  
*Board Certification:*  
Adult Reconstruction, University of Arkansas for  
Medical Services

### ● PAIN MANAGEMENT

#### HRRMC Pain Management (719) 530-2000

HRRMC Outpatient Pavilion • 1000 Rush Dr., Salida, CO 81201

HRRMC Buena Vista Health Center  
28374 County Road 317, Buena Vista, CO 81211

HRRMC Saguache Health Center  
405 N. Denver Ave., Saguache, CO 81149

Rio Grande Hospital Clinic  
310 County Road 14, Del Norte, CO 81132



**Richard Wolkowicz, M.D., FIPP\***

*Education:*  
University of Missouri-Columbia  
*Board Certification:*  
American Board of Anesthesiology, American  
Board of Pain Medicine and National Board of  
Medical Examiners



**Ellie Curie, NP-C \*\*\*\***

*Education:*  
Clarkson College  
*Board Certification:*  
American Board of Pain Medicine



**Aubrey Pavlacka, PA-C \*\*\*\***

*Education:*  
Texas Tech Health Science Center  
*Board Certification:*  
American Board of Pain Medicine

### ● PATHOLOGY

#### Salida Pathology (719) 530-2200

HRRMC • 1000 Rush Drive, Salida, CO 81201



**Amy L. Muller, M.D.\*\***

*Medical School:*  
University of Southern Alabama College  
of Medicine

### ● PEDIATRIC DENTISTRY

#### Simply Kids Dental (719) 598-5437

1910 Vindicator Drive, #103, Colorado Springs, CO 80919



**Sean Vostatek, DDS \*\*\***

*Dental School:*  
University of Texas Health Science Center  
*Board Certification:*  
American Board of Pediatric Dentistry

### ● PODIATRY

See listing for Foot and Ankle Surgery/Podiatry.

### ● PSYCHIATRY

#### HRRMC Psychiatry Services (719) 530-2000

HRRMC Outpatient Pavilion • 1000 Rush Dr., Salida, CO 81201

Telepsychiatry services are provided by Ronie Schafer in the HRRMC  
Psychiatry office in the Outpatient Pavilion.



**Ronie Schafer, PMHNP\*\***

*Education:*  
University of Colorado Denver (PMHNP)  
University of Northern Colorado (MS in Public  
Health and BSN)  
*Board Certification:*  
Psychiatric Mental Health Nurse Practitioner,  
American Nurses Credentialing Center



### ● PULMONOLOGY

**HRRMC Pulmonology (719) 530-2000**  
HRRMC Outpatient Pavilion • 1000 Rush Dr., Salida, CO 81201



**Mario Fadila, M.D.\***  
*Medical School:*  
Faculty of Medicine, Tanta University  
*Fellowship:*  
University of Missouri  
*Board Certification:*  
American Board of Internal Medicine



**Christopher Merrick, M.D.\***  
*Medical School:*  
University of Arkansas for Medical Sciences  
*Fellowship:*  
Vanderbilt University Medical Center  
*Board Certification:*  
Pulmonary Disease and Internal Medicine, American Board of Internal Medicine



**Ronald Rains, M.D.\***  
*Medical School:*  
University of Iowa  
*Fellowship:*  
Pulmonary Medicine/Critical Care Medicine, University of Wisconsin  
*Board Certification:*  
Critical Care Medicine, Pulmonary Disease and Internal Medicine, American Board of Internal Medicine

### ● RADIOLOGY

**Heart of the Rockies Radiology, PC (719) 530-2200**  
HRRMC • 1000 Rush Drive, Salida, CO 81201



**Daniel A. Wardrop, M.D.\*\***  
*Medical School:*  
University of Texas Medical School at San Antonio  
*Fellowship:*  
Neuroradiology, University of Colorado Health Sciences Center  
*Board Certification:*  
American Board of Radiology

Additional radiology coverage is provided by Michael Braaton, M.D.\*\*\* and Stephen Swearingen, M.D.\*\*\*. Teleradiology coverage is provided by vRad.\*\*\*. For more info, visit [vrad.com](http://vrad.com).

### ● SLEEP MEDICINE

See listing for Neurology and Sleep Medicine.

### ● SPORTS MEDICINE

See listing for Orthopedic Surgery/Orthopedics.

### ● UROLOGY

**HRRMC Urology Services (719) 530-2000**  
HRRMC Outpatient Pavilion • 1000 Rush Dr., Salida, CO 81201



**Cole Wiedel, M.D.\***  
*Medical School:*  
University of Colorado School of Medicine  
*Board Certification:*  
American Board of Urology



**John G. Mancini, M.D.\***  
*Medical School:*  
University of Tennessee Health Sciences Center  
*Board Certification:*  
American Board of Urology



**John Seidlin, M.D.\***  
*Medical School:*  
Loyola University of Chicago Stritch School of Medicine  
*Board Certification:*  
American Board of Urology

**Mountain Peaks Urology, P.C. (719) 275-2000**  
248 East First Street, Salida, CO 81201



**Christopher Harrigan, M.D.\*\*\***  
*Medical School:*  
Saint Louis University School of Medicine

### ● VASCULAR SURGERY

**UCHealth (719) 364-8346**  
920 Rush Drive (HRRMC Campus), Salida, CO 81201



**Franco Rea, M.D.\***  
*Medical School:*  
Ohio State University College of Medicine  
*Fellowship:*  
Cardiovascular and Thoracic Surgery, University of Louisville  
*Board Certification:*  
American Board of Thoracic Surgery



### ● Hospital Visitation

Visiting hours for inpatients are flexible and contingent upon the patient's wishes and medical needs. The main entrance to the hospital is open 8 a.m. to 5 p.m. After hours, visitors enter through the Emergency Department. All after-hours visitors must sign in at the Emergency Department registration desk before entering the main hospital area.

Children must be accompanied by a responsible adult other than the patient at all times.

Please see Intensive Critical Care on page 11 and Family Birthing Center on page 9 for more information about visiting patients in those departments.

If your child is an inpatient, parents are encouraged to stay overnight.



### MEALS

HRRMC's cafeteria provides three meals a day to patients and visitors. Visitors may eat their meals in the hospital Café or ask a nurse to have a visitor meal delivered to the patient's room.

Meals are served to patients at the following times:

**Breakfast: 7:45 – 8 a.m.**

**Lunch: 11:45 a.m. – 12 p.m.**

**Dinner: 4:45 – 5 p.m.**

If a patient needs a meal at a different time, please let your nurse know. We discourage bringing food in for patients because they may require specialized diets.

### HOSPITAL CAFE HOURS

**Breakfast:** 7:30 – 9:30 a.m. (Mon.– Fri.)  
8 – 9:30 a.m. (Sat., Sun.)

**Lunch:** 11:30 a.m. – 1:30 p.m. (Mon.– Fri.)  
Noon – 1:30 p.m. (Sat., Sun.)

**Dinner:** 5 – 6 p.m.

Gourmet coffee, tea, ice tea and hot chocolate are available all day free of charge in the Café.



### ● HRRMC Auxiliary

Since 1960, the HRRMC Auxiliary has provided essential services for our patients and staff. Their fundraising efforts support hospital projects and equipment, as well as community scholarships.

The Auxiliary oversees the hospital gift shop and other fundraisers, and has contributed more than \$435,000 back to the hospital and community. Auxiliary volunteers work in many hospital departments and the outlying clinics. Since its inception, Auxiliary members have donated over 529,000 hours.

The hospital gift shop is open 9 a.m. – 4:30 p.m., Monday through Friday. To find out more about volunteer opportunities with the Auxiliary, call (719) 530-2395.



Jamie, one of HRRMC's Auxiliary volunteers, staffs the Gift Shop located on the first floor of the main hospital.

### ● HRRMC Foundation

The HRRMC Foundation is a 501 c3 nonprofit and charitable organization dedicated to supporting Heart of the Rockies Regional Medical Center's mission to enhance the health of our community through the delivery of personalized and exceptional care.

Since 1986, the HRRMC Foundation has built employee and community relationships along with partnerships to provide funding for healthcare facilities, equipment and priority health services through dynamic donors, sponsorships and grant opportunities. Our supporters understand that a modern, state-of-the-art medical center is vital to meeting the healthcare needs of our community.

Our thriving 25-bed hospital is designated as a Critical Care Access, Level IV Trauma Center and is accredited by the Joint Commission. We serve more than 30,000 residents in Chaffee, western Fremont, Saguache, Custer, and western Park Counties. HRRMC clinics are located in Salida, Buena Vista, Westcliffe and Saguache.

With almost 38,000 patients visits each year, HRRMC serves residents and visitors to the Upper Arkansas Valley with century-old traditions of compassion, personal service and individualized care. HRRMC has grown over the years to meet the ever-changing medical needs of the communities served.

#### HRRMC Foundation board members

**Dan Wardrop, M.D. – Board President**

**Tangie Granzella**

**Dovie Gross**

**Ken Leisher**

**Tom Mansheim**

**William Mehos, M.D.**

**Jean Moltz-Weber**

**Harry Payton, M.D. – HRRMC Board Liaison**

**Barbara Pearson-Sawyer**

**Dave Reyher**

All numbers below are in the 719 area code.

Administration .....	530-2288
Allergy .....	530-2000
Auxiliary (Volunteers) .....	530-2395
Billing .....	530-2475
Cardiology .....	530-2000
Cardiopulmonary .....	530-2280
Case Management .....	530-2310
Custer County Health Center .....	783-2380
Ear, Nose & Throat .....	530-2000
Education .....	530-2319
Emergency Dept .....	530-2250
Endocrinology .....	530-2000
Facilities Management .....	530-2268
Family Birthing Center.....	530-2277
Gastroenterology .....	530-2000
General and Trauma Surgrey.....	530-2000
Gift Shop.....	530-2395
Gynecology .....	530-2000
Heart of the Rockies Home Health and Hospice .....	539-7638
HRRMC Buena Vista Health Center.....	395-9048
HRRMC Foundation .....	530-2218
HRRMC Outpatient Pavilion .....	530-2000
Human Resources .....	530-2380
Infusion .....	530-2291
Internal Medicine .....	530-2000
Lab/Pathology .....	530-2260
Medical Imaging (Radiology) .....	530-2320
Medical Records.....	530-2285
Medical Staff Services .....	530-2230
Medical/Surgical (Nurses' Station).....	530-2206
Nephrology .....	530-2000
Neurology and Sleep Medicine .....	530-2000
Neurosurgical Services .....	530-2000
Oncology/Hematology .....	530-2302
Orthopedics .....	530-2000
Pain Management .....	530-2000
Patient Financial Services.....	530-2475
Psychiatry .....	530-2000
Public Relations/Marketing .....	530-2217
Pulmonology .....	530-2000
Purchasing .....	530-2229
Saguache Health Center .....	655-2531
Salida Health Center.....	530-2022
Rehabilitation (Physical, Occupational and Speech Therapy) .....	530-2040
Urology .....	530-2000
Vascular Services .....	530-2000