

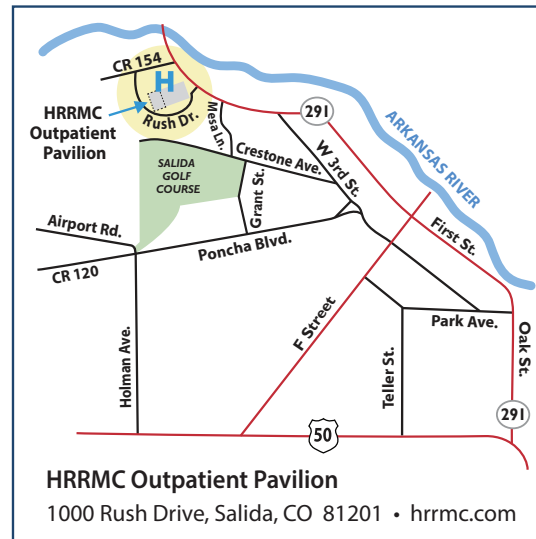
## Policies and Procedures

- For EMERGENCIES, call 911 or go to the nearest hospital emergency room.
- Contact your pharmacy directly for all refills and renews of medications. Allow 72 hours for processing. Only first-time prescriptions and narcotic refills are generated from our office.
- All test and laboratory results are communicated back to the patient as promptly as possible.
- When leaving a message, please spell your name and provide date of birth, phone number, and a detailed request, including level of urgency. After hours, if you have an urgent healthcare need, please contact the HRRMC Emergency Department at (719) 530-2157.
- If you are unable to keep an appointment, please give 24 hours notice of cancellation.

## Payment

- Payment/copay is due at time of service.
- There will be a fee for your visit. Other services, including lab tests, will be billed in addition.
- You may request an estimate of charges at time of service.
- Medicare patients of the HRRMC Outpatient Pavilion in Salida will receive one explanation of benefits—clinic charges will be added to any hospital charges that may be incurred on that same day. Medicare patients are charged the same amount as non-Medicare patients, but the bill is broken down differently for Medicare reimbursement.
- A 15% prompt-payment discount is available to self-pay and uninsured patients.
- We accept cash, check, Visa, Mastercard and Discover.
- Claims with most insurance plans are filed on your behalf.
- Structured payment plans are available.
- Billing questions may be directed to account representatives by calling (719) 530-2475.

## OFFICE LOCATION



The HRRMC Outpatient Pavilion is attached to the hospital but has a separate entrance. Patients will check in on the third floor for their appointment in the Outpatient Pavilion, not at the hospital's main registration desk.



2/23



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[hrrmc.com/services/dermatology/](http://hrrmc.com/services/dermatology/)



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## Dermatological Services

*Offering a patient-focused,  
comprehensive approach  
to Dermatology.*



**HRRMC Outpatient Pavilion  
Third Floor  
1000 Rush Drive, Salida, CO 81201  
(719) 530-2000**

# Welcome

Welcome to HRRMC's Dermatology Clinic. We are pleased to offer a wide range of dermatological services to the Upper Arkansas Valley. The dermatology team treats common and complex conditions of the skin, hair and nails. We prioritize conducting thorough exams and addressing all of a patient's concerns, while building strong relationships.

Dermatology is a unique field in medicine not commonly found in rural communities. With board certifications in dermatology as well as dermatopathology, dermatologists Dr. Kathryn Echols and Dr. Sophia Rangwala are able to approach skin disease and skin cancer from both the clinical and microscopic perspectives. By examining a condition this way, the dermatology team is able to obtain a more complete picture of an issue, allowing for the most accurate diagnosis and individualized treatment plans for the patient. The Dermatology clinic is excited to offer these extensive services to our community.



## Scheduling

### Clinic Hours

**Main office:** Outpatient Pavilion, third floor  
Mondays, Tuesdays, Thursdays, 8 a.m. – 5 p.m.

**Satellite office:** Rio Grande Hospital, Del Norte  
First and third Thursday of every month

*No referral is required to schedule an appointment.*

**Call: (719) 530-2000 to make an appointment.**

**Fax: (719) 530-2469**

## Meet Dr. Echols



**Kathryn Echols, M.D.**, grew up in Pike County, Georgia and was inspired by her grandfather to practice medicine. Dr. Echols was particularly interested in the field of pathology, and during medical school realized she loved interacting with patients and did not want to give up direct patient care. Then she

discovered dermatology. Dr. Echols is board certified in dermatology and dermatopathology, and is excited to continue to offer her services to the community.

**Board Certification:** American Board of Dermatology and Dermatopathology

**Fellowship:** Dermatopathology, Medical University of South Carolina, Charleston, SC

**Residency:** Medical University of South Carolina, Charleston, SC, Chief Resident

**Medical School:** Medical College of Georgia, Augusta, GA

## Meet Dr. Rangwala



**Sophia Rangwala, M.D.**, grew up in Tuscon, Arizona and is board certified in Dermatology and Dermatopathology. She is dedicated to providing quality patient-centered care in all aspects of medical dermatology. Dr. Rangwala has been practicing in Colorado for

several years, and is delighted to now be serving the Central Colorado community.

**Board Certification:** American Board of Dermatology and Dermatopathology

**Fellowship:** Dermatopathology, Johns Hopkins University, Baltimore, MD

**Residency:** University of Colorado-Denver, Aurora, CO

**Medical School:** Baylor College of Medicine, Houston, TX

## Conditions We Treat

- Skin cancer surveillance
- Dermatologic surgery
- Sun damage and keratosis
- Basal, Squamous Cell Carcinoma
- Melanoma and non-melanoma skin cancer
- Blistering disorders
- Acne
- Cysts
- Cryosurgery/Cryotherapy
- Hair loss
- Hypertrophic scars/Keloids
- Molluscum Contagiosum
- Skin conditions such as: acne, psoriasis, rashes, eczema, rosacea
- Warts

## Clinical Procedures Offered

The following surgeries/procedures are offered in the clinic using local anesthesia:

- Shave and punch biopsies
- Melanoma and non-melanoma skin cancer removal
- Cryosurgery for sun damage spots, warts, and inflamed/other non-cancerous lesions
- Cyst removal
- Cosmetic removal of benign skin lesions and moles
- Removal of atypical skin lesions, skin tags and moles
- Lipoma removal
- Electrodesiccation
- Steroid injections for certain types of alopecia, hair loss and keloids/hypertrophic scars