



# CLINICAL DRIVING EVALUATIONS

---

If you or a loved one has recently experienced a life-changing event, cognitive or physical changes that has limited or eliminated the ability to drive a motor vehicle, our team is here to help figure out next steps.

HRRMC's Clinical Driving Evaluation program is lead by rehabilitation therapists and is used to help assess each patient's fitness to drive based on their current condition(s), needs, limitations and goals.

**Please note: This is NOT a driving-based assessment where the patient will get behind the wheel and drive anywhere.**



HEART OF THE ROCKIES  
REGIONAL MEDICAL CENTER

**This evaluation is referral-based. Please contact your primary care provider or neurologist to determine if this evaluation is for you.**

## What to expect during your evaluation

You will be guided through a series of assessments to test your functional abilities, and determine if you can perform basic skills required to drive a motor vehicle safely based on medical research.

This may include activities to test:

- In-depth vision
- Your body's ability to sense movement
- Spatial orientation
- Strength, mobility and balance
- Range of motion and rotation
- Muscle strength and motor function
- Reaction and cognitive processing times
- Attention span

## After your evaluation

Results of your evaluation will be sent to your referring physician. You can also receive a copy through our medical records department, or access your results through your clinic patient portal.

Your referring physician will ultimately determine if you should return to driving or not. If returning to driving is NOT recommended, we absolutely understand this will be difficult to process, and it is helpful to have a support system in place to help figure out this new transition.

Your physician may recommend rehabilitation therapy to work on areas of difficulty identified in your assessment, prior to you returning to driving.

Your physician may also recommend a behind-the-wheel driving evaluation to demonstrate on-the-road driving skills before returning to independent driving. This is done via a third party, who submits your driving evaluation to the Department of Motor Vehicles (DMV).

**For more information, call (719) 530-2040  
1000 Rush Dr., Salida, CO 81201**