

HOW TO ACCESS YOUR ONLINE MEDICAL RECORD

Heart of the Rockies Regional Medical Center provides patients online access to specific health information in their medical record via a secure "patient portal."

If you are admitted as an inpatient to Heart of the Rockies Regional Medical Center, you will be able to view the following information in your medical record online after you are discharged. Please note: It can take up to 36 hours after discharge for all the following information to be available:

- Allergies
- Immunizations
- Active and inactive medications
- Current and past health concerns
- Certain test results

The information available online is only for admissions on or after April 1, 2014. No data for admissions prior to April 1, 2014, will be available online.

Registering your account

These instructions will guide you through the one-time registration process. It is important to follow these instructions in the following order.

• Step 1: Confirmation E-mail

To begin the registration process, check your e-mail Inbox or Spam (Junk e-mail) folder for a confirmation message. The e-mail will be sent from "donotreply@hrrmc.net" and the subject line will be "Heart of the Rockies Regional Medical Center - Patient Portal New User."

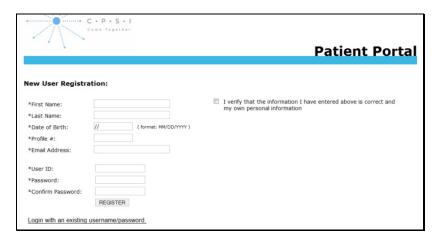
Open the e-mail and click on the link provided. You will be transferred to a webpage where you will be asked to register as a new user.

• Step 2: Registration

You will be asked to enter your Name, Date of Birth, E-Mail Address, a unique User ID and a Password. Make sure you remember/retain your User ID and Password for future use.

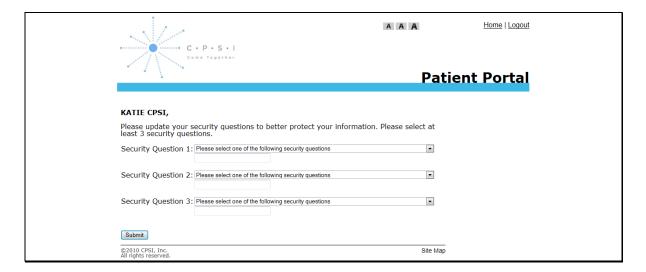
Very important: Make sure you check the box at the right to verify that your information is correct.

Then click the "Register" button at the bottom of the screen.



• Step 3: Security Question

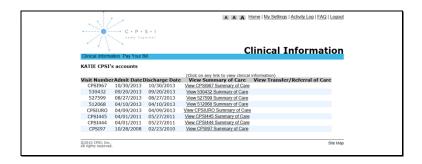
Choose three security questions, fill in the answers, and then click the "submit" button at the bottom of the screen.



On the next page, click on the "Main Menu" to begin looking at your medical record.

• Step 4: Patient Record

From the patient list, click on your name (or the name of the patient you are authorized to view). Patient visits will be listed chronologically. Next to each visit is a link that shows the account number and "Summary of Care." Click on the link in the "View Summary of Care" column to view the document.



Questions?

For additional information and a list of frequently asked questions please visit www.mymedicalencounters.com

You may also reach us at (719) 530-2442 Monday-Friday during normal business hours if you need your initial registration e-mail sent to you again.

If you have questions about your medical results, please contact your medical provider.