

HRRMC
Café Menu
Dec. 9-15, 2019

Menu is subject to change without notice.

Monday

Breakfast: Ham and Cheddar Quiche, Cream of Wheat, Eggs, Bacon, Oatmeal Bar
Lunch: Salmon with Lemon-Maple Glaze, Rainbow Farfalle Pasta, Veggie Sauté
Dinner: Burger Bar: Meat or Veggie, Fries, Veggie du Jour

Tuesday

Breakfast: Oatmeal Bar, Scrambled Eggs, Burrito Bar
Lunch: Pot Roast with Potatoes and Carrots, Cauliflower, Brioche Roll
Dinner: Peri Peri Chicken, Basmati Rice, Cole Slaw

Wednesday

Breakfast: Biscuit & Gravy, Turkey Sausage, Eggs, Bacon, Oatmeal Bar
Lunch: Taco Bar, Refried Beans, Spanish Rice, Veggie du Jour
Dinner: Spaghetti with Sauce, Veggie du Jour, Garlic Bread

Thursday

Breakfast: Huevos Rancheros, Savory Croissants, Oatmeal Bar, Scrambled Eggs, Bacon
Lunch: Veggie Stir-Fry with Tofu in Peanut Sauce, Brown Rice, Soup du Jour
Dinner: Balsamic Roast Pork Loin, Roasted Red Potatoes, Roasted Carrots

Friday

Breakfast: Pancakes w/Apple Nut Topping, Ham, Eggs, Bacon, Oatmeal Bar
Lunch: French Dip Sandwich, French Fries, Veggie du Jour
Dinner: Parmesan Crusted Cod, Spinach-Red Pepper Orzo, Green Beans

Saturday

Breakfast: Green Chili Egg Bake, Grits, Eggs, Bacon
Lunch: Chicken Tenders and/or White Fish, Sweet Potato Fries, Cold Sandwich Bar & Soup
Dinner: Baked Havarti Chicken Breast w/Mushroom Sauce, Couscous Pilaf, Veggie du Jour

Sunday

Breakfast: French Toast, Veggie Scramble, Chicken Sausage Link, Bacon
Lunch: Creamy Chicken Gnocchi Soup, Dinner Roll
Dinner: BBQ Baby Back Pork Ribs, Homemade Mashed Potatoes, Grilled Asparagus