2015 was a remarkable year for Patient Services. HRRMC teams continue to improve patient outcomes through quality initiatives, embrace new technology, and support growth strategies.

May is the time of year when we take the opportunity to recognize the talents and skills of our clinical staff in some special ways. Nurses Week and Hospital Week are two of the ways we honor the individuals who take care of our patients and the individuals who support those direct caregivers.

As front-line care providers, nurses work tirelessly to meet the needs of our patients at all hours of the day and night. They are healers, advocates, teachers, confidants and friends. Whether they practice at the hospital, physician practices, Information Systems, Home Health or any of the other areas that nurses work within the HRRMC organization, nurses remain a constant presence on which our patients and families can count.

Every employee across HRRMC plays a vital role in improving the quality and safety of patient care. Whether you work in a clinical setting or an office, each one of us supports patient care.

HRRMC is also an organization that supports individual and professional growth with scholarships, loans and tuition reimbursement. On pages 14 and 15, we recognize the nurses on our staff who have become leaders in our organization.

Whether you work in a clinical setting or an office, each one of us supports patient care. Every employee across HRRMC plays a vital role in improving the quality and safety of patient care.

With our focus on quality, patient safety, and patient and staff satisfaction, it is an honor and pleasure to work with the healthcare team at HRRMC.

With appreciation,

Linda Johnson, RN, BSN, MBA, NE-BC, CENP
VP Patient Services
After living in Buena Vista for 20 years, I have never been more thankful to call Chaffee County my home than after my recent stay at HRRMC after breaking my right hip. Having had experiences with several larger hospitals back East, I can truly state that I've never had better care than right here at our Salida hospital!

Everyone, from my surgeon, Dr. Hunter, to the emergency room personnel, to all of the staff, gave me "five star" care each day of my stay. Each person who assisted me in my recovery seemed truly care about my well-being. One of the things that most impressed me was the always prompt response when I used my "call" button. This is rarely the case in most hospitals.

My husband and I feel so blessed to not only live in one of the most beautiful places in the United States, but to also have access to exceptional health care in a small, rural hospital. We both sincerely applaud you and all the personnel of HRRMC for their dedication and service to those of us who live here. —A patient

And the operation crew did it again, with my eye cataract surgery on August 28. In spite of a power failure, everyone was under control, and took special precautions till the crisis was resolved…This is what a hometown hospital is all about. And thanks again for the notecard (given to surgical patients upon discharge). —A patient

We also want to thank the entire HRRMC oncology staff: doctors, nurses, and all others for providing — with such friendly, caring, and competent care. —A patient's family

Thank you so much to the front desk staff and the female nurse on-call that day who offered to look at a bad gash from a few days prior on my forehead near the ground was (covered) with soft foam. —A patient

As a patient who has used the facilities of the hospital, I would like to say that all of the nurses that have helped me, have been absolutely marvelous, they have been more than helpful (and) friendly… and I thank them every day. So I just wanted you to know of this and realize just what good a nursing staff that you (have). With many thanks. —A patient

To: The Surgical Staff at Salida Hospital THANK YOU for what you’ve all done to help me. Dr. Choi removed a stenosis from my back. I (came) into the hospital on legs crying with pain and walked out like the ground was (covered) with soft foam. —A patient

Staff is always very nice. Helpful and care about our lives and how we’re doing. —A BVHC patient

I recently had a bilateral hernia surgery with Dr. Smith. I want to compliment the entire support staff. Everyone was first rate. I particularly want to thank Cathy Scarbrough for her excellent help and attention to me post-op. —A patient

Jan Ommen is the best—smart and knows what needs to change—stay the same, etc. Listen to her! She knows the people in this area! —A BVHC patient

Tracy (McConathy) took care of my husband for three days while he was an inpatient at HRRMC. She is detail-oriented, patient-focused, smart, and funny. Tracy was able to fully explain why my husband was put on certain medications and monitors. She was forthright and honest about all risks of procedures. My husband had exceptional care at HRRMC. I’m proud to know Tracy and to work at HRRMC. —A patient’s wife (and employee)

Linda Johnson, RN, BSN, MBA, NE-BC, CENP • VP Patient Services, Risk Manager

Peg Arnett, RN, BSN
Education/Quality Director

Lisa Barr, RN, BSN • Quality/Performance Improvement Manager
Mary Ellen Anderson, RN, BSN, MSN • Infection Prevention/Employee Health Manager

Lisa Barr, RN, BSN
Nurse Supervisor Coordinator

Nurse Supervisors:
Tyree Cartlidge, RN
Erika Everson, RN, BSN
Patsy Juarez, RN
Katie Kowalski, RN, BSN, CEN

Erica Everson, RN, BSN
Marybeth O’Brien, RN
Chris Ortiz, RN, OCN
Katherine Rau, RN, BSN
Denise Rush, RN, BSN
Eric Wiepking, RN, BSN

Nika Starr, RN, BSN, NE-BC
Med/Surg/Case Management/
Discharge Planning Manager

Charge Nurses:
Tracy McConathy, RN
Denise Hammel, RN
Megan Fullerton, RN, BSN
Christa Johnston, RN, BSN, MSN, CMSN

Jodi Townsend, RN, BSN, CATN
Emergency Department Manager/ Trauma Coordinator

Erin Arnett, RN, BSN, CLNC • Team Lead

Caron Wilbur, RN, BSN, MSN
Surgical Services Manager

Andra Dolton, RN, BSN, CCRN • Team Lead – PACU, SDS
Priscilla Shannahan, RN, CNOR • Team Lead - OR

Judy Smith, RN, BSN
Family Birthing Center Manager

Charlotte Engleman, RN
ICU Manager

Mary McConathy, RN, BSN
Specialty Clinic/Infusion Department Manager

Dolly Channess, RN
Clinical Specialist

Lorrie Hoke, RN, CIOB
Clinical Specialist

Lisa Glenn, RT, CRT
Cardiopulmonary Manager

Duane Johnson, RT (R) (CT), AHRA, ASRT
Imaging Services Manager

Mark Ceglowski, RPH
Pharmacy Director

Desirae Westphal, PT, DPT
Rehabilitation Manager

Fatima Pina, RD
Dietary Manager
Throughout 2015, members of our nursing staff were honored at HRRMC’s monthly employee recognition ceremonies and quarterly TRAC STAR awards. These award winners demonstrate how our nurses are achieving Service Excellence, Patient Quality and Safety, Finance and Human Resources goals on their departmental strategic plans. Great job!

Award of Excellence
The Surgical Services Department
Congratulations on sustaining and earning 5 Prestigious Stars on the Avatar Survey. After Surgery: “I was made comfortable as I awoke from surgery.” General Care: “There was good teamwork among the surgeons, nurses, techs, and other staff who cared for me.”

Extra Effort - SURGERY CREW

Without your participation, the HRRMC Holiday Party would not have been such a great success!

Award of Excellence
Surgical Services Department
Congratulations on earning the Prestigious Star Rating on the Avatar Survey for the following:
Patient Safety – “The staff confirmed with me what procedure I was going to have.” You have exceeded the minimum four-star score by 0.17.
Admissions – “The person who handled my discharge was polite and professional.” You have exceeded the minimum four-star score by 0.92.
Thank you for the excellent Professionalism, Teamwork & ADETS!

Outstanding performance
Chrissy Long, Cathy Scarbrough, Christopher Hudson, Kate Okada
Thank you for the excellent planning and implementation of the annual Surgical Services Department Education Day. Success of this project was based on detailed coordination between your Surgical Services colleagues and our ancillary services. Your hard work is greatly appreciated!

Surgical Services team

• Wow! I could not be more impressed with the professional customer-service-oriented team that you have going on here. Having worked in health care management, I recognize what is required and give my gratitude for your excellent care. – A patient
• I had hip replacement surgery on 13 Jan in the HRRMC. … This message is a request for you to thank all of your staff for the unbelievable professionalism they showed me in the hospital. I can’t remember all the names of the nurses and CNAs, OTs and PTs or the rest of the people who made my time there so easy. But I will never forget how well I was treated… –A patient
• Nurse Erin Arnett, she was truly kind, patient and her compassion for my granddaughter was overwhelming. We suggest that she truly deserves more pay for her position as a Nurse! God Bless. –A patient’s family
• My wife and I are active retirees and come to Salida each summer for six months to “live the life” in this wonderful Colorado community and indulge ourselves in the western experience.
Prior to heading west earlier this year, we were finishing up various appointments, one of which was my annual physical. That’s when I encountered a health “speed bump.” After some additional testing, I was referred to a specialist in oncology. That was just weeks before our planned departure to Salida. I started treatment immediately thinking our summer vacation was in jeopardy… From my first appointment just a day after our arrival in April in Salida, until my last meeting with Dr. Fran Mason last week where she confirmed I was in remission, I could not have been more pleased. My recurring visits to the Specialty Clinic started at check-in with Monica Hutson, and then there were stops with Diane Villalovas, CJ Johnson, and/or Laurie Merrill before consultation with Fran. This team is very special; from start to finish they were focused and kept me focused on a positive outcome. Mission accomplished! Dr. Mason and her Professional Team provided me with the genuinely warm, friendly “personalized and exceptional care” necessary to make me well. Please let them know that both my wife and I are most appreciative and grateful. The care they put into my healthcare assures that we can look forward to many more summers in Colorado.
– A patient

• To the Nurses & CNAs, THANK YOU all for the excellent care you provided me during my recent stay at HRRMC. Although no one ever wants, or plans, to be in your care, you all made “having” to be there very pleasant—every one of you! I never heard or saw a grumpy face or bad mood during the four days I was there in your care. You obviously are a terrific team—thanks for being so good at patient care! – A patient
• This is the best hospital I’ve ever been in. Honestly, its staff is so helpful and kind. I’ve had multiple operations and births at this hospital and I would not go anywhere else if I had another health concern. Also, my anesthetist was amazing! He was kind, knowledgeable and personable. The nurses in the maternity ward were first class. They made my births wonderful and calm. Great hospital! One of the best! – A patient
• To Dr. Hunter, his surgical team & the hospital staff— ____ & I send our sincere thanks and appreciation for the excellent care received during his Reverse Shoulder Replacement surgery May ___. All the hospital staff was so pleasant & professional…–A patient
• Everyone in ER provided excellent care - five stars! Erica (Everson), Ben (Powell), Dr. Gross were fantastic! Thank you! – A patient

• This message is a request for you to thank all of your staff for the unbelievable professionalism they showed me in the hospital. I can’t remember all the names of the nurses and CNAs, OTs and PTs or the rest of the people who made my time there so easy. But I will never forget how well I was treated… –A patient
• Gummi was initiated.
immediately and successful cardioversion a PACU patient where A-Fib was identified. Thank you for the Great Teamwork and utilization of ACLS skills on the recovery of this project was based on detailed coordination between your Surgical Services colleagues and our ancillary services. Your hard work is greatly appreciated!

Surgical Services team

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Sue Miller is a certified health exercise specialist who works with cardiac rehab patients at the hospital.

Lisa Barr is the quality manager and focuses on performance improvement.

A group of certified registered nurse anesthetists from Monarch Anesthesia, including Larry Shovelton and Jonelle Vallier (pictured), provide surgical anesthesia at HRRMC and attend to our patients for their pain management and sedation needs.

Nurse practitioners Jan Ommen, John Daugherty and Linda Typer provide educational outreach and primary care at our Buena Vista Health Center.

Above and Beyond
Evan Bartlett
Thank you for your contribution with the orientation of new employees to the Emergency Department. Your dedication and patience is the key to their success!

Thank You
Erin Arnett
Thank you for your dedication and all the work you have been doing, and continue to do as the ED Team Lead! You are definitely a huge asset to the ED and to this organization!

Above and Beyond
Kate Okada
Thank you for identifying a problem with pain medication administration to Phase II Recovery patients. Your contribution has streamlined a process which provides improved accountability for medication administration for PACU and Pharmacy!

Above and Beyond
Michelle Olsen
Congratulations on passing your RN Exams!

Thank You
ED Team
This past year has been one with multiple challenges and growth. Everyone has made great efforts working as a team to get thru these challenges and I want to say THANK YOU!!!

Emergency Department team
Above and Beyond
Silky Young
Thank you for seeking solutions of pain medication administration to Phase II Recovery patients. Your contribution has streamlined a process which provides improved accountability for medication administration for PACU and Pharmacy!

Responsibility Award
Liz Krasnow
Thank you so much, Liz, for taking on the tasks of interim manager while Judy was out on baby duty. You were organized and effective and kept things running without a hitch! We are lucky to have someone that is willing and VERY able to take on such a task!

Above and Beyond
Tom O'Brien
Tom is a great addition to the ED and the organization. Using his experience and knowledge to mentor new staff benefits both our patients and our organization. Great Job!!!

Teamwork
Olivia Holmes
Olivia is recognized for great teamwork when registering several patients while ED registration was on their lunch break. Instead of calling for assistance, Olivia stepped up and helped out! Great Job!

Above and Beyond
Shelly Carlos
Thank you for your efforts in revising several order sets. These will provide improved safety and quality for the nurses, physicians and pharmacists using them, and most of all decrease the potential for errors that may reach a patient. Your commitment to excellence is recognized and appreciated.

Extra Effort
Dolly Chamness & Lorrie Hocke
Since your arrival, IS has not been the same!! This past year hasn’t been easy but you two kept swarming with support no matter the resistance!

Award of Excellence
Brenda Gentile & Diane Villalovas
Congratulations on coordinating a successful first annual HRRMC “Pink Day” Event. The pink decorations and goodies as well as the information that was available honored breast cancer patients and highlighted the Breast Program here at HRRMC. Great Job!

From nurse practitioners to nurse navigators, HRRMC offers a variety of nursing opportunities.
Denise Rush looks back at her 25 years with HRRMC

What position(s) and department(s) have you worked in during your 25 years at HRRMC?

I started out as a 3-11 Med/Surg nurse, and then maybe a year after that I went to supervisor on nights. Back then the supervisor did OB, ER, ICU, and helped on Med/Surg almost like now, but we were the only nurse for OB and ER until we called someone in. I was also night respiratory therapist, pharmacist, cook and jack-of-all-trades.

Are you originally from Chaffee County?

I was born and raised in El Reno, Oklahoma. I lived in Arvada with my cousin and family for the first three months when I moved to Colorado and then went to Buena Vista.

What is your educational background?

I graduated from El Reno High School in 1974 and then went to El Reno Junior College. I graduated with an associate degree in nursing.

What drew you to your career?

I have always been a caregiver. One of my first jobs besides babysitting was helping to take care of a blind lady who lived the next block over from us. I was a candy stripers in high school and then went into nursing.

What has been the biggest change at HRRMC during your 25 years here?

When I first started, the nurses would not even think of calling a doctor by his first name. The older doctors would be here at 6 a.m. to make rounds, and we would have to have their charts ready for them. Now the doctors are like co-workers and friends. Then, of course, the use of computer and all of (the) new technology has been a big change.

Is there anything else you would like to share about your years of service at HRRMC?

This is the longest I have worked at one place. I have made many lifelong friends who are like family to me, people that I work with or have worked with as well as people out in the community. When they come in as patients or have family in here, (I see) the impact that I have made on their lives.

Seventeen nurses were recognized in 2015 for their years of service at HRRMC.

Thank you for your dedication to our hospital and patients!

- 25 years: Denise Rush
- 20 years: Laurie Merrell
- 15 years: Chris Ortiz, Shelly Carlos, Cathy Scarbrough
- 5 years: Ramona McConnell, Megan Fullerton, Chelsea Pridemore, Tracy McConathy, Olivia Bartlett, Erin Meadows, Mark Opincario, Lindsay Haarmeyer, Evan Bartlett, Hayden Walker, Eric Wiepking, Hannah Peyrouse

Special Achievement

Erica Everson
Congratulations on obtaining your BSN. It is a great accomplishment.

Outstanding Performance

Silky Young, Nicole Lewis and Cory Scagnelli
Your compassion and dedication to the holistic approach to patient care was acknowledged during a recent patient care encounter. You identified the needs of the family and ensured that they were properly cared for prior to discharge. These qualities remind us of our purpose in patient care and for us to emulate. We are proud you are part of the HRRMC team!

Certificate of Teamwork

Med/Surg and ICU Daytime Nursing Staff
Our HRRMC Rehab staff, Michelle, Sarah, Aleah, Jillian, Sara, Brit, Cherina, Kathy, DJ, Terri, Jen, Carol and Desiree would like to say “THANK YOU” to all of the nursing staff on the Medical/Surgical unit and the Intensive Care Unit.

Every day we witness compassion, good communication, excellent teamwork and respectful attitudes not only with the patients and their families but amongst each other and with our Rehab staff.

In the past few months I have heard from several different patients, families and visitors how wonderful the care has been. One patient said to me, “It is so nice to see that you all get along so well; it feels good to be in a place where people are happy to be at work.”

Good communication is essential and we appreciate each and every one of you for your hard work and ROCK STAR nursing skills!!
TRAC STAR Finalists

Each quarter, HRMC recognizes three outstanding employees who demonstrate the TRAC STAR values that guide HRMC employee performance: Teamwork, Recognition, Attitude, Customer Service, Safety, Talent, Accountability and Respect. Our TRAC STAR finalists exemplify how our nurses achieve our strategic goal of Service Excellence.

Danita DePetro recognized by Colorado Community Health Network

Danita DePetro, a registered nurse with the HRMC Internal Medicine Clinic, was awarded $4,000 as part of an educational loan repayment program through the Colorado Community Health Network (CCHN). Ashley Mills of the Colorado Rural Health Center presented the award to Danita at Heart of the Rockies Regional Medical Center on Aug. 16, 2015.

Danita was one of 25 primary health care clinical support staff in Colorado to receive an award in 2015. More than 120 people applied. Awardedees receive loan repayment in exchange for an additional one-year service commitment to their clinic.

CCHN launched the “Safety Net for the Future of Health Care” initiative in October 2013. This initiative works to expand and modernize Colorado’s safety net workforce through loan repayment opportunities and professional development trainings. Safety net clinics include community health centers, rural health clinics or community-funded safety net clinics that provide care in medically underserved areas and populations.

Kaiser Permanente made a grant to CCHN for the loan repayment portion of the initiative. “In small, underserved areas like ours, working as a clinical nurse allows you to really get to know your patients and develop relationships with them,” said Danita. She was required to submit an application and essay, as well as a letter from her clinic manager in order to be considered for the program.

Family Birthing Center receives high marks in CDC survey

HRMC’s Family Birthing Center exceeded both state and national standards on a nationwide survey of maternity care practices conducted by the Centers for Disease Control and Prevention (CDC).

Every two years, the CDC administers the Maternity Practices in Infant Nutrition and Care (mPINC) survey to all hospitals and birth centers in the U.S. and its territories that provide maternity care. HRMC was one of 2,666 facilities that responded to the mPINC survey in 2013, representing 83 percent of facilities across the nation that provide maternity services.

The CDC calculated scores for every facility and state and released that data in late 2014. HRMC’s total mPINC score was 84 out of 100. Across Colorado, the average score was 79, and the national average mPINC score was 75.

A facility’s mPINC score is an overall quality score that averages seven sub-scores in areas such as labor and delivery care, postpartum feeding of breastfed infants, breastfeeding assistance and staff training.

Hospital routines can help or hinder new mothers and babies while they are learning to breastfeed, according to the CDC. Birth facility practices that create a supportive environment for breastfeeding begin prenatally and continue through discharge. These practices include newborns’ skin-to-skin contact with their mothers, hospital staff teaching about breastfeeding, and hospital staff encouraging mothers and babies to room together.

“The strong mPINC scores demonstrate HRMC’s commitment to continuous quality improvement and to supporting the mothers and babies in our care by following best practices,” said HRMC’s VP Patient Services, Linda Johnson.

A focus on safe deliveries

HRMC is participating in the state-wide Safe Deliveries Project (SDP).

The Safe Deliveries Project is a two-year initiative designed to improve newborn outcomes by focusing on reducing the number of preterm deliveries and low-birth-weight deliveries. The project is sponsored by Colorado Hospital Association, Colorado Perinatal Care Quality Collaborative and the March of Dimes Colorado/Wyoming Chapter and runs from June 2015 through December 2016. Project strategies will incorporate evidence-based interventions and will also address health care disparities for minority women.

Amy Varble, MD, chairs the HRMC Obstetrics Committee and will serve as the lead physician at HRMC for SDP. As part of the project, HRMC agrees to host site visits, participate in educational events, engage with key stakeholders and obstetrical providers, and evaluate progress toward program goals.

The Graduate

Education’s Debbie EGGLESTON, RN, MSN, was selected a TRAC STAR of the fourth quarter for her willingness to extend herself to all shifts, including nights, to provide hands-on education and for sharing new and innovative ideas with managers.

Education’s Debbie EGGLESTON (L) earned her Master of Science in Nursing with a focus of Nursing Education from Regis University in Denver on Dec. 10, 2015. Debbie also received the Award for Nursing Excellence in the MSN program during the pinning ceremony.

At the award presentation (L to R): Specialty Clinic manager Mary McConathy, Ashley Mills (presenter), TC Rodalski, Danita DePetro, CEO Bob Morasko and Heather Hoagland

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“The strong mPINC scores demonstrate HRMC’s commitment to continuous quality improvement and to supporting the mothers and babies in our care by following best practices,” said HRMC’s VP Patient Services, Linda Johnson.
HRRMC quality initiative reduced costs and improved patient safety

HRRMC was one of 32 acute-care hospitals in Colorado that participated in a three-year quality improvement project led by the Colorado Hospital Association (CHA) that prevented 2,800 patient harms for an estimated cost savings of $14.6 million. Patient harms were focused in 11 core areas, including surgical site-infections, falls, adverse drug events and hospital readmissions within 30 days of discharge.

The project was part of a nationwide initiative created by the Centers for Medicare & Medicaid Services called the Partnerships for Patients. The campaign aimed to reduce patient harm by 40 percent and avoidable readmissions by 20 percent at U.S. hospitals by using Hospital Engagement Networks (HENs). These HENs would facilitate education and provide technical assistance in the 11 core focus areas.

The improvements made by the hospitals participating in Colorado's HEN mean patients treated in those facilities are less likely to develop an infection from surgery, be injured in a fall, experience a medication error or have to return to the hospital for additional care within 30 days. The results are based on data collected from Colorado hospitals between January 2012 through June 2014.

The quality initiatives implemented by HRRMC resulted in $584,466 in savings, according to Lisa Barr, the hospital's quality manager. "HEN helped raise our awareness of potential areas of patient harm, collect data in those areas and implement changes where we had an opportunity to improve," said Lisa.

Changes introduced to prevent patient falls at HRRMC, for example, include staff safety huddles, a nursing assessment at every shift of a patient's risk of falling, color-coded wristbands for patients identified as possible "fall risks," and "falling star" magnets placed outside their rooms to alert staff.

"Communication between patients, family members and all staff involved in a patient's care is key," said Lisa. "White boards in every patient room communicate the plan of care so everyone is aware."

Overall, CHA's HEN achieved a 31 percent reduction in avoidable readmissions.

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HRRMC steps up

TeamSTEPS is an evidence-based teamwork system aimed at optimizing patient care by improving communication and teamwork skills among health care professionals, including frontline staff.

HRRMC nurse managers trained in TeamSTEPS in 2015 and it becomes a mandatory training for all employees in 2016.

HRRMC Joint Replacement Prep Class

If you are considering a hip, knee or shoulder replacement or are already scheduled for a joint replacement at HRRMC this one-hour seminar is for you.

Wednesday, Oct. 14, 4 p.m.

HRRMC second-floor conference rooms

1000 Rush Drive, Salida

Presented by Physical Therapy Department

Cost: $25 per Half-Day Session · $50 per Full-Day Session · $100 for Express Sessions

Limited scholarships are available for the cost of the class. Please ask us for details.

Please wear comfortable clothing and bring a floor mat or blanket. Light snacks are provided.

To register for this program, call Joe Fritz at 530-2257 or online at www.hrrmc.com.
The HRRMC Buena Vista Health Center invites you to a presentation on

**Summer Survival Guide**

Preventing and treating common summertime ailments and injuries such as altitude sickness, dehydration, snake bites and heat stroke

**Wednesday, June 24**
**Noon-1 p.m.**
**HRRMC Buena Vista Health Center**
**28374 CR 317, Buena Vista**

You are welcome to bring a brown-bag lunch. Beverages served.

www.hrrmc.com • For more information, call 395-9048.

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The HRRMC Surgical Services staff marked the opening of a third operating room with an open house on June 13, 2015. Dr. Jerry Smith and surgical nurses Priscilla Shannahan (L) and Lynne Davis engaged three young listeners with tales of the OR and gallstones (see jar in front of Lynne) at the open house.

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The HRRMC encourages professional growth and recognizes the following nurses who have achieved a nursing degree beyond the associate level.

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<thead>
<tr>
<th>Nurse Name</th>
<th>Degree</th>
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<td>Stacy Abbott</td>
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*Advanced Practice Nurse
Certification is the formal recognition of specialized knowledge, skills and experience in nursing. It is demonstrated by achieving standards identified by a nursing specialty to promote healthy outcomes. Certification recognizes specialization and professionalism. HRRMC supports career growth with scholarships, loans and tuition reimbursement.

HRRMC’s certified nurses

- Thomas O’Brien RN-CEN Certified Emergency Nurse
- Joni Baker RN-CLC Certified Lactation Consultant
- Sara Koch RN-CIOB Certified Inpatient Obstetrics
- Liz Krasnoff RN-CEFM Certified Electronic Fetal Monitoring
- Olivia Bartlett RN-CEPS Certified Emergency Nurse
- Lindsay Haarmeyer RN-CLC Certified Lactation Counselor
- Nika Starr RN-NE-BC Nurse Executive-Board Certified
- Gloria Houseton RN-CWC, CS Certified Wound Care, Clinical Scholar
- Shelly Carlos RN-CEN, CS Certified Emergency Nurse, Clinical Scholar
- Erin Arnett RN-CLNC Certified Legal Nurse Consultant
- Sandy Carroll RN-CPAN Certified Post Anesthesia Nurse
- Priscilla Shannahan RN-CNOR Certified Nurse Operating Room
- Kim Faulkner-Russell RN-CNOR Certified Nurse Operating Room
- Stacy Abbott RN-CNOR Certified Nurse Operating Room
- Cheryl Hinther RN-CNOR Certified Nurse Operating Room
- Christopher Hudson RN-CNOR Certified Nurse Operating Room
- Peg Arnett RN-CS Clinical Scholar
- Debbie Eggleston RN-CIOB, CS Certified Inpatient Obstetrics, Clinical Scholar
- Lorrie Hucke RN-CIOB Certified Inpatient Obstetrics
- Chris Ortiz RN-OCN Oncology Certified Nurse
- Linda Johnson RN-NE-BC Certified Nurse Executive-Board Certified
- Sue Miller RN-CHES Certified Health Exercise Specialist
- Jodi Townsend RN-CATN Certified Advanced Trauma Nurse
- Christa Johnston RN-CMSN Certified Medical-Surgical Nurse
- Katie Kowalski RN-CEN Certified Emergency Nurse
- Erica Thompson RN-CDE Certified Diabetes Educator
- Andra Doolin RN-CCRN Critical Care Registered Nurse

Providing emergency medical care for the Gentlemen of the Road concert

Jodi Townsend, manager of the hospital’s Emergency Department, worked closely with partners at the Central Mountains Regional Emergency Medical and Trauma Advisory Council (RETAC), to organize a coordinated approach to emergency medical and trauma care at the Gentlemen of the Road Concert in Salida on Aug. 21 and 22. This included ensuring the medical tent at the concert site on the Vanderveer Ranch was fully staffed and the necessary medical supplies were on hand.

The HRRMC Emergency Department also increased its staffing for the concert, and two medical helicopters were stationed in Salida—one at the hospital and the other at the concert site.

Breast Center Open House

Oncology Clinic Head Nurse Laurie Merrell, RN, shared information about HRRMC’s oncology program at HRRMC’s new Center for Breast Health open house on March 31.

Teaching the rules of the road

HRRMC Buena Vista Health Center nurse Katie Peck (pictured) along with the ED’s Jodi Townsend and Olivia Holmes helped teach bicycling skills to fourth graders at Longfellow Elementary on Oct. 13.

The 83 fourth-graders learned the basic rules of the road, how to hand signal and how to navigate several courses, including one that emphasized how to ride slowly and cautiously.

HRRMC contributed about $300 from our injury-prevention funds to help purchase helmets for the fourth graders. Additional funds to purchase helmets came from a Salida Community Funding Grant and the Salida Cycling Club.
Adams State nursing students at HRRMC

Fourteen, first-year Adams State College nursing students completed their clinicals at HRRMC during February, March and April 2015. Students were assigned to Med/Surg, OR/PACU, ICU and ED.

HRRMC’s New Baby

A “new baby” arrived at HRRMC in 2015, a manikin from Laerdal Medical designed for teaching skills. We named the baby “ClAir” (pronounced Clair) with an emphasis on the “Air” since her airway and breathing are such an important focus for instruction.

This newborn manikin completes our simulation family, which also includes an adult male and a child. Our newest manikin meets the key components of the Neonatal Resuscitation Program (NRP) course, which includes CPR, intubation and insertion of an umbilical catheter for administering medications.

The Education Department purchased her to further staff education in caring for pediatric patients, and she will be used for simulation during hospital drills, NRP classes at the hospital and advanced classes at the Learning Center. Almost as soon as she arrived, ClAir got busy teaching skills in neonatal resuscitation to Family Birthing Center staff, shown here clearing her airway on March 6.

PEDIATRICS POTPOURRI

In honor of Nurses Week, HRRMC Education Department presents

Pediatrics Potpourri

Topics include:

Pediatric Assessment · RSV · Asthma Care & Management
Pediatric Emergencies & Interventions · IV Therapy
Respiratory Assessment & Interventions · Shock and Sepsis

Courses instructed by Rocky Mountain Children’s Hospital Staff.
This event is courtesy of The Doris Maxine Lindsey Bequest. CEU will be awarded.

Tuesday, May 19, 2015, 8:30 a.m. — 4:00 p.m.
Harvard, Antero & Shavano Rooms
Light breakfast & full lunch provided by Kalamaratip Catering

Please RSVP by Sunday, May 17, 2015
to 719-530-2319 or Education@hrrmc.net

Med Sled training

Emergency Preparedness Manager Diane Brooks conducts regular trainings for staff on using the Med Sleds for emergency evacuation of non-ambulatory patients.

In April 2015, this group completed the Emergency Nursing Pediatric Course (ENPC).