

**WHO SHOULD ATTEND/  
REGISTRATION  
INFORMATION**

These courses are specifically designed for Primary Care and Emergency Department Physicians, physical therapists, EMS and ski patrol professionals.

Register early. Attendance is limited to **20 participants** in each session and will be on a first come, first served basis. **There is no charge for these courses**, thanks to the generosity of our sponsors. Lunch will be provided.

To **register** for one or both courses, go to [www.hrrmc.com](http://www.hrrmc.com) and click on "Knee & Shoulder Course" icon on the home page, fill out the form and submit. Your registration will be confirmed by email. For more information, email Dr. Robert Hunter at: [rhunter@hrrmc.net](mailto:rhunter@hrrmc.net).



The Shoulder & Knee Clinics will be held in the Operating and Conference Rooms at Heart of the Rockies Regional Medical Center in beautiful Salida, Colorado.

**Course Co-Sponsors**



HEART OF THE ROCKIES  
REGIONAL MEDICAL CENTER



HRRMC  
ORTHOPEDIC  
SPORTS MEDICINE CENTER

**ROBERT HUNTER, M.D.  
ORTHOPEDIC SURGEON**

**HEART OF THE ROCKIES  
REGIONAL MEDICAL CENTER  
ORTHOPEDIC SPORTS  
MEDICINE CENTER**

The Medical Clinics

550 W. Hwy. 50

Salida, CO 81201

Phone: 719-530-2000

Website: [www.hrrmc.com](http://www.hrrmc.com)

**KNEE AND  
SHOULDER  
COURSE**

**S P O N S O R E D   B Y :**

**HEART OF THE  
ROCKIES REGIONAL  
MEDICAL CENTER  
ORTHOPEDIC SPORTS  
MEDICINE CENTER**



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# HONE YOUR ORTHOPEDIC EXAM SKILLS

## COURSE OBJECTIVE

The three-part Shoulder and Knee Clinics are designed to help medical and emergency professionals fine tune and improve their physical exam skills.

During sessions participants will be able to review anatomy in a clinically relevant way. They will learn to identify various knee and shoulder injuries, discover why they are painful, and learn how they are treated.

Participants will become familiar with anatomy, arthroscopy and common orthopedic procedures.

Robert Hunter, M.D., nationally renowned orthopedic surgeon, will be the instructor for these courses.



## COURSE DESCRIPTION

### Shoulder Clinic: Saturday, October 24, 2009

9:30-10:00 AM	Check-in and Continental Breakfast
10:00-Noon	Cadaver Shoulder Joint Dissection
Noon-1:00 PM	Catered Lunch
1:00-3:00 PM	Shoulder Arthroscopy Demonstration
3:00-4:30 PM	Shoulder Physical Exam Practicum*

### Knee Clinic: Saturday, November 14, 2009

9:30-10:00 AM	Check-in and Continental Breakfast
10:00-Noon	Cadaver Knee Joint Dissection
Noon-1:00 PM	Catered Lunch
1:00-3:00 PM	Knee Arthroscopy Demonstration
3:00-4:30 PM	Knee Physical Exam Practicum**

\*Wear a shirt where shoulders can be exposed for exam practice.

\*\*Bring shorts for the knee exam practice.

### Clinic Location

Both Clinics will take place at:  
Heart of the Rockies Regional Medical Center  
1000 Rush Drive  
Salida, CO 81201

Enter through the main hospital entrance, take the elevator to the second floor. The conference rooms are located directly across from the second floor elevator.

## The Instructor



**Board Certification:** American Board of Orthopaedic Surgeons  
**Specialty:** Sports Medicine  
**Fellowship:** Independent Sports Medicine Traveling Fellowship  
**Residency:** Orthopaedic Surgery, University of Minnesota  
**Medical School:** University of Minnesota School of Medicine, Minneapolis, MN

**Robert Hunter, M.D. , Orthopedic Surgeon,** is a nationally recognized orthopedic expert who has lectured and taught throughout the world and specializes in treating injuries that routinely hamper athletes and the physically active. He is the Founding Director of the Aspen Foundation for Sports Medicine, Education and Research Fellowship Program. He served on the Board of Fellows of Professional Team Physicians and was Medical Consultant to the Athletic Departments at the University of Arizona, Tucson and Pima County Community College, Tucson. Dr. Hunter has published more than 40 articles in refereed journals on sports medicine topics, and has authored 13 chapters in sports medicine related texts.

Dr. Hunter moved to Salida, Colorado, in April 2009 to establish the Heart of the Rockies Regional Medical Center Orthopedic Sports Medicine Center. Through effective collaboration between sports medicine physicians and Heart of the Rockies Regional Medical Center and clinical facilities, the Orthopedic Sports Medicine Center is striving to become a regionally and nationally recognized site of sports medicine expertise.